

Safe Harbor

The Harbor District has entered new waters in recent years,
but some say it's drifted off course

By Grant Scott-Goforth

6 The great bag hand-off

11 Tiny houses, big ideas

37 Bourbon barrels of beer



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On the Cover

Photo by Grant Scott-Goforth



The Rose Ann sits moored at Woodley Island Marina.

Photo by Grant Scott-Goforth

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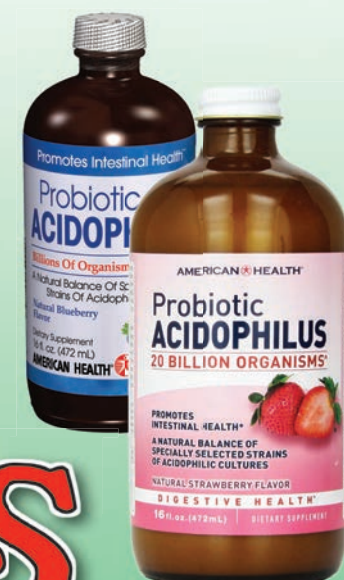
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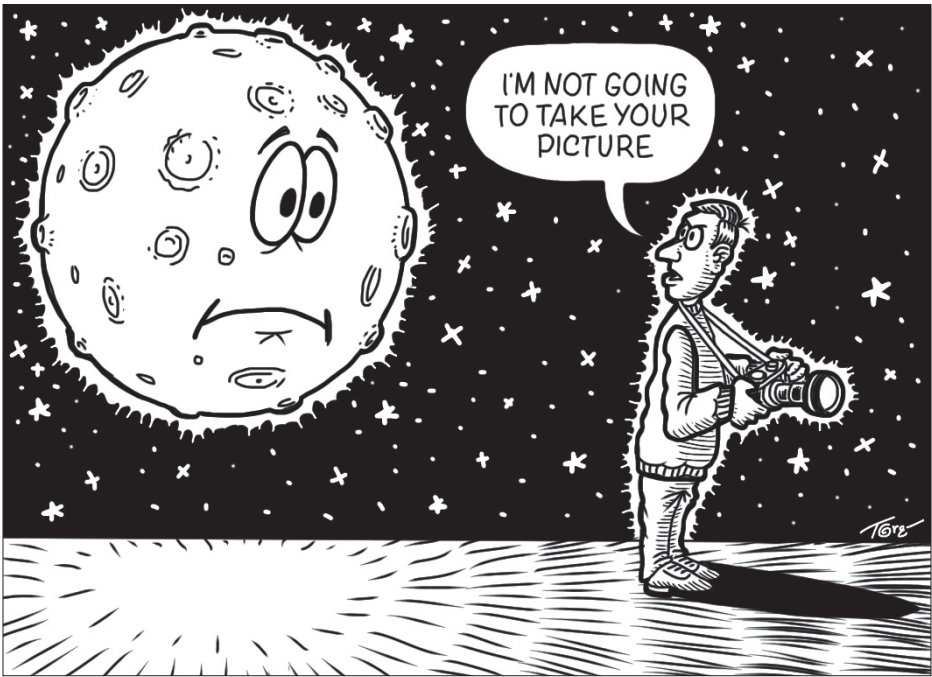
Timber and Terror

Editor:
It took Greg King's remarks ("Mailbox," Sept. 24) on your synopsis of the Timber Wars ("Humboldt Then & Now," Sept. 17) to waken my lazy mind to the perniciousness of that style of reporting.
The way you lay it down, smooth,

balanced, a tidy trade, "timberland preserved, jobs lost," is the way people, especially those who did not live through it, will remember that time. We can shake our fists at the Taliban blowing the Bamian Buddhas to smithereens, or at ISIS on a rampage through Roman temples, but when it's our own murderous corporate machine grinding up what was far more ancient and precious, we comb history's hair, smoothing it perhaps with a little nostalgia, and put it safely away lest anyone should derive inspiration from it. The banality of evil.
I remember one poster of the period; it showed the shattered remains of a stream MAXXAM had visited, maybe Bear Creek. On it was a quote from Shakespeare's Julius Caesar:

"O pardon me, thou bleeding piece of earth, that I am meek and gentle with these butchers!"
Ellen Taylor, Petrolia

Editor:
Reading your feature story, by Thadeus Greenson, I was stopped at the paragraph that stated " ... while Hurwitz may have taken a scorched earth approach to PALCO'S timber holdings, he continued the company's practice of taking care of its own. Not one employee was let go in the wake of the takeover."
PALCO's PR efforts notwithstanding, to make the assertion that Mr. Hurwitz continued the old PL's prac-



Terry Torgerson

tice of "taking care of its own," is a stretch. No one was fired because Mr. Hurwitz needed the experienced work force (which due to the takeover was a captive non-union work force with nowhere to go) to satisfy his needs and vision for PALCO's and Humboldt County's future in a timely manner. Mr. Hurwitz took care of PL alright, as history has shown, but it wasn't a continuation of or anything like the old PL.
Mr. Hurwitz did not acquire PL in a questionable hostile takeover to become a benevolent timber baron running a timber business. He acquired it so he could liquidate it. The opportunity that Mr. Hurwitz afforded the old PL employees was to participate in the liquidation of their company, their jobs, and their future, as fast as possible. One could participate or go down the road, most stayed having

nowhere to go. Mr. Hurwitz was always in the liquidation business, never in the timber business (that is why the environmentalists came). He came here to liquidate PL and its holdings, and needed to do it quickly and nearly succeeded. This is a far cry from what the old PL offered its work force, and Humboldt County at large, under the enlightened stewardship of the Murphy family.
Charles K. Bettiga, Loleta

Write a Letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com ●

Aromatherapy

Here's October at the door again,

a sweet ex-lover who keeps

coming back.

Come in, come in.

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Reclamation

Once scattered,
stolen and hocked,
a native collection
returns home

By Linda Stansberry

linda@northcoastjournal.com



Old and new: two native flat bags in Maret's collection, one twined before European contact and one after. *Photo by Linda Stansberry*

This is the story of a tribe, a man, a garage sale and a collection of artifacts. It's the story of a reunion that almost wasn't. It begins and ends not in Humboldt County, but in the Columbia River Plateau. In October, Allen Maret will travel 600 miles from his Arcata home to a tiny museum in the middle of Washington State, the Wanapum Heritage Center. He will take with him 46 bags twined by tribes indigenous to the area. Some are more than 300 years old. Once scattered by war, trade and cultural disruption, the collection was carefully gathered and studied by Maret over 40 years, only to become the subject of a desperate year-long hunt through the pawn shops and attics of the county's seediest neighborhoods. Now they are going home.

At his home on Fickle Hill, Maret lifts the bags carefully from large plastic totes and spreads them out on the rug of his sun-drenched living room. Some call them "corn husk" bags, after their primary component, but Maret says the material is less integral than their form. He refers to them as flat twined bags. The bags, which usually include hemp twine, are one of the oldest textile traditions in North America. They are rough-textured, and retain a sweet, vegetable smell. They vary in size, color and pattern, changes that Maret says represent the passage of time, contact

with other cultures and the impact of European contact on their creators.

"This collection is unique because it contains rare, early historic bags. It's the only collection that includes these historic examples," he says.

Maret first became interested in the bags in the 1960s, when he worked in community development with a tribe north of Spokane. He put together his collection through a network of antique dealers and friends over several decades. Some bags came from dealers as far away as Europe. When he began, Maret says, he had "no end game" in mind. He was just intrigued by the bags and what they represented, and saddened by their displacement due to the centuries of disenfranchisement and poverty among their cultures of origin.

The oldest bags in his collection are large, about the size of a modern potato sack, and were used to store root vegetables through winter. Different colors of hemp are contrasted to produce a diamond pattern. Diamonds and parallelograms, Maret says, are recurring patterns in artistic traditions across the region. He points to near-identical patterns on baskets in the Hupa and Yurok traditions as evidence of inter-cultural exchange. With the introduction of the horse, the bags became smaller, meant to be carried while riding. Bright yarn indicates the influence

of colonization and trade. Photographs from the 19th century show Native Americans posing with the bags, the designs of which were often unique to family groups. Still later, bags display tiny crosses, reflecting the integration of Christian imagery into traditional design. Each bag was the product of days of labor, their geometric designs complex and precise.

"We can see over a period of four to six generations, how the design elements evolved," Maret says. "They're not isolated creative attempts. They're all connected."

In June 2013 Maret's home was burglarized and 23 of the bags were stolen. When asked about the theft, he says he still struggles to talk about it. He finally lands on a single word: devastating.

"I'm generally a very careful person," Maret says. The burglars broke into his garage while his new home was under construction, also taking tools and other personal items.

Maret reported the burglary to the Sheriff's Department, but it was unable to provide sufficient resources to track down the artifacts. Similar bags can be found selling online for a few hundred dollars, but Maret says their real value comes in their ability to demonstrate a cultural history when displayed together. So Maret and his friend Rocky Whitlow engaged in a bout of amateur sleuthing, visiting pawn shops and antique dealers to quiz clerks

and put up flyers.

"We went to some really sketchy neighborhoods," says Maret. "The pawn shop owners were really helpful and straightforward. They gave us some tips on people they'd met who were trying to sell the bags. They wouldn't buy them because they knew it was illegal. So we ended up trying to track down the sellers."

"It got really expensive for me," says Whitlow, referring to the stores. "Every time I walked in I would buy something."

It was Whitlow's yen for a bargain that ended up cracking the case. By chance, she returned to a garage sale to buy some Indonesian shadow puppets she'd seen earlier. A lead from an antiques dealer had directed Whitlow and Maret to the sale, but the seller claimed to know nothing. The pair had plastered the neighborhood with flyers that had pictures of the bags, advertising a reward. A woman who happened to be at the sale recognized the bags and said she knew who had them.

"She started spilling the beans," says Whitlow. Neither Whitlow nor Maret would give the name of the seller or the woman, who ended up acting as a liaison for the person who was holding the bags. Maret ransomed the bags back one by one, meeting the woman in dark parking lots and handing over envelopes of cash, paying around \$300 for each. All but four bags were returned. Maret is still hoping

someone will come forward.

After the theft, Maret and Whitlow began their search for a proper repository for the artifacts, a place they would be safe and treasured. The 2012 theft of seven traditional Yurok and Hupa basket caps from the Blue Lake Museum loomed large in their minds. A friend of Maret connected him with the Wanapum Tribe, which lives alongside the Columbia River and is part of the federally recognized Confederated Tribes and Bands of the Yakama Nation. Maret refers to the Wanapum as the “geographic and spiritual center of this culture.”

In fall of 2014, Maret and Whitlow arrived in Beverly, Washington. They followed a long, rural road through the sagebrush to a low building perched next to the Columbia River. It looked “like a spaceship,” says Whitlow. Maret says he was impressed by the safety precautions and temperature controls at the Wanapum Heritage Center. He met the museum’s curator, Angela Neller, and several tribal leaders, including Rex and Angela Buck. He took the recovered bags from their totes, one by one. What happened next, Whitlow says, still gives her goosebumps.

“We didn’t know these existed,” said one person. Maret began crying. Others in the group began crying.

“I was just like wow, wow, wow,” says Angela Buck. “It was just amazing to just be in their presence ... All these kinds of things go out of the country, go somewhere else.”

Maret plans to donate half the bags and be reimbursed by the tribe for the other half, the details of which have yet to be worked out. Museum curator Angela Neller says they will be working with Maret to create a display inside the museum. The bags will serve a practical use as well, as part of the Wanapum Tribe’s Living Cultures program, which teaches native youth traditional crafts and skills. Prior to Maret’s visit, they had begun classes in traditional hemp twining, but had no examples of the large, older bags.

“Our people haven’t seen these in how many years, I don’t know,” says Buck, adding that they will study the bags to revive the craft. “It’s something that was asleep for awhile. Not dead. Not extinct. Asleep.” ●

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Week in Weed

Ooh, That Smell

By Grant Scott-Goforth

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The Pinoleville Pomo Nation, based out of Mendocino County, was raided by the sheriff's office last week and hundreds of marijuana plants were seized.

The *Journal* reported in January that the tribe said it would build a 110,000-square-foot marijuana growing facility on its 99-acre Rancheria near Ukiah, anticipating legalization. This came after the U.S. Department of Justice announced late last year it would not prosecute tribes for growing or selling marijuana on tribal lands.

But on Sept. 23, according to a *Sacramento Bee* report, deputies from the Mendocino County Sheriff's Office searched two Pinoleville properties, discovering more than 300 marijuana plants, 100 pounds of processed bud and a "honey-oil chemical extraction lab."

According to the *Bee*, the sheriff had been investigating the tribe for months — not surprising, given the public announcement of its intentions to be among the first tribes in the nation to grow pot. But one tribal official said the operation was "perfectly legal" and chalked up the raid to an "overzealous" sheriff. No one was arrested.

Tom Allman isn't exactly the nation's most overzealous sheriff — he told a panel earlier this month that his focus was megagrows. (He laid out a list of priorities for his officers to follow when identifying marijuana gardens to raid, including commercial profiteering, trespass grows, illegal water diversion and environmental degradation.) While the Pinoleville grow seems to exceed the county's 25-plant limit, it's hard to imagine there aren't much larger operations dotting the Mendocino landscape.

When the Pinoleville tribe announced it would farm marijuana earlier this year, it secured investors, including Kansas-based FoxBarry Farms. The *Bee* reports the tribe has since "suspended its activities" with FoxBarry, and that the company's website has disappeared.

Marijuana farmers with an aptitude for hybridization have long bestowed their strains with less-than-appealing appellations (cat piss, sour diesel), which

is fine, but the aromatic appreciation of pot is highly subjective. People who live near farmers have complained to public agencies about being choked out of their neighborhoods during harvest season. Me, I kinda like the sharp, earthy smell (though I don't have to live surrounded by it).

The smoke is sweeter and less acrid than tobacco or wood stove smoke. But I also like the smell of skunk cabbage in a soggy redwood forest, so go figure.

Lest you think discussion of marijuana's unique odor was relegated to barrooms or city council meetings, the aroma became the subject of a recent Oregon appellate court ruling.

As reported by the *LA Times*' Matt Pearce, it was a contested search warrant that led to the ruling. In 2012, police, responding to complaints from neighbors about the wafting smell of pot smoke, got a warrant to search the apartment of Jared William Lang.

Oregon state law prohibits "a hazardous or physically offensive condition by any act which the person is not licensed or privileged to do," Pearce wrote, and police were using the pot smell as justification for their warrant.

Instead of citing Lang for producing a weed smell, though, officers found evidence that Lang had been painting graffiti around town, and arrested him on those charges. Lang fought a subsequent conviction, saying the search warrant never should have been issued on the grounds that the smell was "a physically offensive condition."

As it turns out, an Oregon judge agreed, writing in her opinion, "We are not prepared to declare, as the state would have us, that the odor of marijuana smoke is equivalent to the odor of garbage."

The judge acknowledged that there are circumstances under which the smell could constitute offense, but wrote, "We could perhaps say with confidence that a fleeting whiff of marijuana smoke would not offend a reasonable person."

Therefore, she argued, the weed smell was a "neutral factor" in the case — and the warrant should not have been issued. The case was overturned. And with pot newly legal in our neighbor to the north, it's a smell that a lot more people may have to get used to. ●

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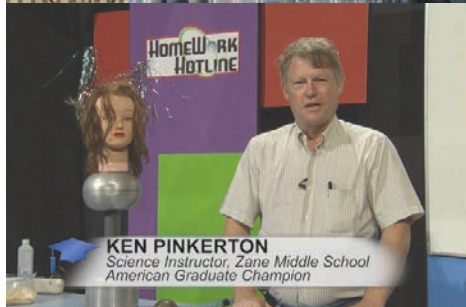
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Big Turnout for Tiny Homes

The parking lot of the Humboldt Unitarian Universalist Fellowship in Bayside was full within an hour of the Affordable Homeless Housing Alternatives (AHHA) Tiny House Expo on Sept. 26.

The expo was meant to demonstrate what a tiny home village would look like. AHHA has proposed an eco-village modeled on a similar project in Eugene, Oregon, to address the estimated 1,300 people currently homeless in Humboldt County, many of whom camp in green-belt areas. Although the event was free, the organization took donations and also auctioned off two tiny homes. One went for \$3,000 and another \$750, a price that covered the total cost of building the donated homes. More than 300 people attended the event.

"It's amazing," said AHHA board member Edie Jessup. "I think it speaks to a high level of interest."

A panel discussed obstacles to forming a tiny house village, including county zoning laws, securing funding and integrating services. Future steps will include asking for changes to the county's General Plan that address zoning for tiny homes and low income housing.

Money raised at the expo will go toward implementing a model village. It will be smaller in scale than a sanctuary camp once proposed by Eureka Police

Chief Andy Mills. Jessup and others say that villages much larger than 25 families are untenable, both diluting the community feel that is supposed to be fostered by such villages and making it difficult for all populations to be served. The best option, she said, is to create a spectrum of villages to serve a diversity of needs: for the sober, the not sober, those with children, those without. Despite the concerns of some critics, housing would not be a "free ride," she said.

"We feel like people who can afford to contribute, should. It would be a negotiated amount, but it wouldn't be prohibitive," Jessup said that a lack of cooperation between the city, the county and the California Coastal Commission has stymied progress on the issue.

Carpenter Chris Housley demonstrated a bright pink portable shelter that could be towed behind a bike. Roughly 6 feet long and weighing only 200 pounds, it featured a section that folded in to make it roughly the size of a baby carriage. A solar panel on the top would provide its inhabitant with enough power to read. It costs \$400 to build.

"I put 35 years of experience designing and building into this so cities would look at it and think, 'This is an option,'" Housley said.

— Linda Stansberry

POSTED 09.27.15. READ THE FULL STORY ONLINE.

Humboldt Revs Up the Style



If you think Humboldt's all Carhartt and hoodies, and bikers are all leather, all the time, well, you should have caught the Distinguished Gentleman's Ride on Sept. 27. More than 39 bikers participated in the local jaunt, raising more than \$6,000 for prostate cancer research in the process. POSTED 09.29.15

— Mark McKenna

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For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.


Pedestrian killed on 101: A pedestrian was killed on U.S. Highway 101 early on the morning of Sept. 27. The man's identity was unknown as of press time. He was apparently wearing dark clothes and walking across the lanes when he was hit by 28-year-old Eureka woman. The driver was not injured and was not suspected to be under the influence of drugs or alcohol. This marks the 24th death on Humboldt County roads this year, and the ninth pedestrian to be killed. POSTED 09.28.15

Double Murder Trials Begin: Opening statements in the case of Jason Arreaga, who stands accused of gunning down Harley Hammers and Angel Tully last fall, were given Sept. 24 and jury selection began four days later in the case against Jason Warren for the 2012 killings of Dorothy Ulrich and Suzanne Seemann. POSTED 09.29.15

'Shaded Parcels' Lawsuit Settles: On Sept. 22 HumCPR settled its three-year lawsuit against the county over its treatment of legally questionable parcels. County planning staff is still uncertain what the settlement means and if it will change any of the department's current practices. Meanwhile, HumCPR's request for attorney's fees remains pending. POSTED 09.29.15

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Digitally Speaking

1

The number of active duty officers in the Hoopa Tribal Police Department when Sheriff Mike Downey announced he was ending an agreement that granted the tribal police power to enforce state law.

POSTED 09.25.15

Comment of the Week

"I once rode on busy streets with no problem, but I'm now retired and will avoid busy streets. I've been watching YouTube videos of bicycling in Amsterdam (do a search) and would love to have that kind of bike infrastructure here."

— "steven C" commenting on the Reluctant Cyclist's latest commute. POSTED 09.24.15

They Said It

"In Arcata we end homelessness by building housing. I want the rest of the county to take note."

— Fox Olson, executive director of the Arcata House Partnership, at the opening of the new low-income housing project Arcata Bay Crossing. POSTED 09.23.15

Safe Harbor

The Harbor District has entered new waters in recent years,
but some say it's drifted off course

Story and photos by Grant Scott-Goforth

grant@northcoastjournal.com



The Harbor District recently raised slip fees and began charging for electricity at Woodley Island Marina, a move that has angered some. The district says it was necessary to stay solvent.

There's no question Humboldt Bay is one of our most crucial resources. But depending on whom you ask, you'll get a different reason as to why.

Maybe it's those kayak trips on calm days around the bay's islands. Maybe it's the deep water port that offers so much shipping potential. Maybe it's the crab harvest each fall. Maybe it's the wildlife that flock to its banks.

In many ways, things were not looking good for Humboldt Bay in the late 2000s. The economy had tanked, the pulp mill had closed and shipping had dwindled. Locals began to realize that sea level rise was a threat to the surrounding communities. The Humboldt Bay Harbor, Recreation and Conservation District, a relatively quiet, unrenowned public agency tasked with overseeing the bay's waters and tidelands, was trying to figure out what to do.

The district has taken bold and un-

precedented steps in recent years. Under the leadership of Executive Director Jack Crider, it acquired a major piece of property, expanded its fishing infrastructure, is getting closer to a balanced budget, and is planning more developments, all the while increasing public transparency. But with an election looming, three of the district's commissioners could change. There are questions about how the district should view itself, about whether it's been too ambitious or drifted away from prioritizing the harbor and industries that rely on it. The district could be on the edge of a philosophical shift.

The Harbor District's boldest move was its acquisition of the Samoa Pulp Mill, which sat dormant since Evergreen Pulp abandoned it in 2008. Freshwater Tissue Company purchased the site, but was never able to secure the necessary funding to re-open it.

The sale of the defunct mill to the Harbor District in 2013 was met with some wariness — millions of gallons of caustic liquors used in the pulp-making process sat in failing tanks on the site. And, while the district owned several properties around the bay, none were of the scale or level of disrepair of the pulp mill. It was new territory for the district to take over such a large piece of infrastructure and become responsible for its cleanup, repairs, maintenance and rent.

The Harbor District quickly enlisted the aid of the Environmental Protection Agency, which secured funding and, in 2014, began hauling away the liquors and the decaying tanks that housed them. (See "Liquor Run," March 27, 2014.) While the district purchased the property for only \$1, it needed capital to fund the cleanup and renovation of the site and secured a \$1.25 million loan from Coast Seafoods and another \$8.5 million from

the EPA, which led the cleanup process. If the district manages to sell large pieces of infrastructure from the mill, like the boiler or generator, it will use that to pay back the EPA. Otherwise, the \$8.5 million loan will be forgiven in seven years.

Activity at the mill property has continued in the wake of the cleanup, though the district's had a bit of trouble securing leases for the 72-acre site. That's because the land is zoned coastal dependent — meaning any business that wants to set up there has to prove it relies on the ocean.

Crider says he's had serious talks about the site with at least a dozen businesses, including companies interested in fiber optics, trucking, recycling, cold storage and growing cannabis — but the zoning roadblock remains. Crider says he's asking the county to allow some temporary non-coastal dependent uses so the district can get some tenants until it finds someone to fit the requirements long term.

What counts as a coastal dependent business?

"Aquaculture is good. Commercial fishing is good. A cargo operation is good. Export and import from the docks is good. Other than that it's pretty difficult," Crider says, adding that, being a public agency, the Harbor District is under the microscope when it comes to following zoning laws.

Another concern for investors, Crider says, has been the environmental welfare of the site. "Every banker that's wanted to invest — every tenant — they're all concerned about the environmental condition," he says, which has required "a lot of hand holding." Crider says the local water quality control board has helped the district show some potential tenants that the pulp mill is a clean enough site at which to operate.

Now, less than two years after the first trucks hauled the pulping liquors north, the district is on its way to earning \$1 million per year in revenue from the site.

Two oyster farming operations have already leased space. Taylor Mariculture has committed to invest \$2.5 million into the pulp mill site, and has already built a number of flupsies — floating oyster beds that secure to the former mill's dock.

Coast Seafoods will probably end up spending more than Taylor, maybe \$3 million, Crider says, as the company will have a bigger footprint on the site, including a 20,000 square foot hatchery that includes a greenhouse to raise the algae that oyster larvae consume. Coast Seafoods currently pays \$50,000 a year to lease space at the pulp mill, but, when all of the infrastructure is built, will pay \$136,000 per year.

Taylor pays \$80,000 currently, with an option to grow and pay an additional \$45,000 per year when it's finished investing in site improvements.

Humboldt Bay companies sold \$9.3 million worth of shellfish in 2010, according to a survey, and aquaculture made up 30 percent of the North Coast's total \$31.4 million in seafood landings. The industry has since grown, and the Harbor District has been discussing pre-permitting oyster operations on 550 acres, which is expected to create 55 jobs and generate \$265,000 per year in revenue for the district.

In a less edible development, Samoa Wood Pellets is close to signing a \$60,000 per year lease to set up a pellet manufacturing plant on the site, and has committed to \$30 million in improvements to the pulp mill, after a recent two-hour conference call in which the investors

were finally satisfied with the environmental condition of the site. By the time the company is running at full steam, it will be paying \$400,000 per year. And Crider expects hauling raw materials in and sending processed pellets out of the bay will raise \$400,000 in shipping revenue for the Harbor District. The companies could reach full production by 2018, if all goes well.

If the already secured return on investment seems like a positive development, Crider anticipates a lot more revenue will come flowing out of the mile-and-a-half-long marine outfall pipe, which

Now, less than two years after the first trucks hauled the pulping liquors north, the district is on its way to earning \$1 million per year in revenue from the site.

begins at the pulp mill and could deposit treated wastewater into the Pacific. In addition to the site's aquaculture discharge, Crider says businesses and municipalities like Eureka could use the outfall, generating "significant" revenue for the Harbor District.

There's also still a lot of office and shop space to be rented, and Crider says the district is looking to borrow \$1.5 million based

on federal tax credits it recently qualified for to improve buildings on the site and make them "actually look like a building you want to rent," he says.

Also in store for the bay is a new dredging plan.

The Harbor District paid \$17 million in 1999 to deepen Humboldt Bay's entrance, and has an ongoing contract with the Army Corps of Engineers to maintain the channel. The project was both a response to safety concerns and aimed at encouraging shipping, and the Harbor District is still paying off loans it took to begin the dredging.

Paying down those loans has been slower than the district anticipated, because the tonnage moving through Humboldt Bay plummeted after the recession of 2008, severely hampering the harbor district's income.

Since then, the district has been grasping onto the Army Corps' yearly dredging, lobbying the agency to continue the work. Typically, Crider says, the Army Corps wouldn't invest the \$3.5 to \$4 million per

Continued on next page »

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ABOVE: The Harbor District cleared out a storage yard on Woodley Island to the consternation of some in the fishing industry, who say the district shouldn't be making changes on the marina. LEFT: Harbor District Executive Director Jack Crider holds a sample of hemp fiber and the woody byproduct of the plant, which pellet manufacturers are considering importing from Thailand.

year it takes to maintain the entrance for a port that sees so little shipping, but the safety of the fishing fleet that comes in and out of the bay and the Coast Guard's presence help. Plus, Crider says, tonnage is going up, albeit slowly.

Part of the reason shipping has survived on Humboldt Bay has been due to an \$8 million investment by Green Diamond in a wood chip loading facility, just south of the former Samoa Pulp Mill. Since July of last year, says Green Diamond Forest Policy and Sustainability Manager Gary Rynearson, the company has shipped 154,000 green metric tons in four ships, and plans to load two more ships this year.

"The Harbor Commission and the staff

have been very supportive of promoting the need to maintain the entrance channel at 48 feet," a depth that makes it possible for large ships to safely enter and exit the bay, Rynearson says. Last year Green Diamond was forced to cancel a shipment after winter storms filled the channel with sediment. Because of a contract dispute and damage to the Army Corps' dredge, scheduled clearing of the channel appeared to be in jeopardy, and the channel had filled to 44 feet due to a lack of maintenance since 2011. But partnered with the Harbor District, county board of supervisors and representatives from Congressman Jared Huffman's office, Green Diamond was able to convince

the Army Corps to complete the work in May, and the company's chip sales have resumed.

Rynearson says the company's chip dock has opened new markets, and it is looking at overseas opportunities for tanoak chips and biomass. "These market opportunities are dependent upon a reliable port with an adequate year-around channel depth," he says.

A 2015 grand jury report identified deep harbor dredging as "crucial to allow navigation for large ships." The report encouraged the district to continue its lobbying for federal and state funding to continue the Army Corps dredging.

Smaller scale dredging is slated to be-

gin soon as well, but hasn't been without controversy.

Last year, the district arranged to take over Pacific Gas and Electric Company's obligation to dredge the channel in King Salmon in exchange for a one-time \$2 million payment from the company. The district used a portion of that money to purchase a dredge, which it's in the process of repairing. It's fine-tuning a mitigation plan for south bay eel grass, with the intent of beginning dredging again in the King Salmon channel. Crider says the area hasn't been dredged since the 1980s, and is choked with sediment and eel grass, a situation that threatens the viability of the fishing fleet there.



If the district can't get approval for the King Salmon channel in time, Crider says it will begin dredging the Eureka marina across from the pulp mill site this year and focus on King Salmon next year. Owning the dredge will also allow the district to clear the channel to Woodley Island Marina, though Crider says it isn't in as much need as other parts of the bay.

That small-channel dredging is one of the most crucial things for the fishing industry, says Harbor Commissioner Aaron Newman, who's also president of the Humboldt Fishermen's Marketing Association. He says purchasing the dredge cost one-third the amount it would take to contract out the work one time. But there's been frustration from the fishing community because dredging hasn't begun. "They see we've got the dredge, they see we've got the money," he says, but "It's a maze of bureaucracy."

The district is waiting on Fish and Wildlife approval to dredge and Coastal Commission approval to dump the material gathered on Harbor District property. Both Newman and Crider are confident dredging will begin before long. Still, it's not without risks. While it appears that the costs of owning a dredge will pencil out, the district is betting that it will be able to operate and staff the dredge as well as navigate the permitting maze.

In the meantime, Newman says, "People are going out there spreading rumors

that we're not doing our best. We're doing everything possible. There are so many details to work out."

The Harbor District has been the target of some in Humboldt's fishing industry since it formed in 1973.

That's when the city of Eureka and the district formed a plan to move Eureka's large fishing fleet off the docks that lined the south side of the bay, nestling up against Old Town. The move was based on the city's efforts to buy up waterfront property. It was motivated to "clean up" the Old Town area and open it to a wider range of economic opportunities.

With the creation of the Woodley Island Marina, the fishing fleet was given a new home, but some in the industry feel the Harbor District hasn't been holding up its obligation to protect the fleet, instead focusing on commercial developments and other non-fishing departures.

Perhaps the loudest voice of disgruntled fishermen is Newman's vice president of the Humboldt Fishermen's Marketing Association. Ken Bates has for years opposed changes on Woodley Island that he characterizes as jeopardizing the fishing industry, and has rallied community opposition to a number of projects proposed and carried out by the district.

"People are going out there spreading rumors that we're not doing our best. We're doing everything possible. There are so many details to work out."

— Aaron Newman, Harbor Commissioner and president of the Humboldt Fishermen's Marketing Association

changes to the city of Eureka's local coastal plan that would have limited development on Woodley Island for anything but the fishing industry.

In a letter to consultants helping design Eureka's economic development strategic plan, Bates wrote that "present

He threw his support behind Larry Doss, a realtor who has criticized the current board and will take Newman's seat on the commission next year. (Newman declined to run for re-election and Doss' challengers failed to turn in the proper candidacy paperwork, leaving him running unopposed.)

In 2013, Bates rallied support for

Continued on next page »

FLASH FICTION

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On the Cover

Continued from previous page



While the Harbor District recently took ownership of the former Samoa Pulp Mill dock, Crider says the best one on Humboldt Bay for container shipping is the Security National-owned Fairhaven dock, and he's urged the company to invest in improvements there.

trends to erode fishing fleet protections" could include opening up dock space to recreational vehicles and lead to a "total buildout" of upland island property with restaurants, shops and offices, encroachment into the protected wildlife area. This, he warned, could lead to the removal of commercial fishing gear storage and a loss of fishing infrastructure. And, he wrote, the fishing fleet is leaving because uncertainties about losing that infrastructure.

Some of that has come true. The Harbor District recently cleared out its Woodley Island storage area, and Crider has plans to develop a second restaurant on the island. The marina is about 60 percent fishing boats, and 40 percent recreational boats at any given time. The district has also asked the city of Eureka to change zoning on the island, loosening the restrictions about what kinds of businesses can operate there, with an eye on further development. (See "Eyes on Woodley Island," June 11.)

On a recent afternoon, there wasn't a lot of activity at the Woodley Island Marina. Most fishermen the *Journal* approached declined to talk, saying they kept their focus on fishing and not politics. One boat captain, who declined to give his name, said it was the first time

This, Ken Bates warned, could lead to the removal of commercial fishing gear storage and a loss of fishing infrastructure. And, he wrote, the fishing fleet is leaving because uncertainties about losing that infrastructure.

in years he'd berthed in the marina. He'd left because the Harbor District raised slip fees and he felt that Crider, in particular, was driving the fleet away. In 2013, slip fees went up 25 percent, an increase of about \$50 per month for the average vessel, Crider says. Slip fees will go up 1 percent this year, and the district is also imposing a \$100 yearly fee for permits to sell fish directly from boats. Combined with some other changes, Crider says the district reduced the marina's yearly losses from \$275,000 to \$30,000.

But Newman says the fishing fleet has been, and will continue to be, protected.

"Fishermen, of course, are being well looked out for," he says. The district raised slip fees because the operating budget for the marina was well in the red. The district also installed electricity meters and began charging renters for their energy use, another point of contention. But Newman says that not only reduced the costs to the Harbor District, it reduced energy use by 40 percent.

"The harbor wasn't being run in a way that could be continued," he says, adding it was only a matter of time before the district went bankrupt. It's far more important to raise rents a bit and keep the facility open, he says, than to risk the marina shutting down.

And the district has invested in the industry, recently opening its Terminal 1 to the fishing fleet. Right next to the Samoa Cookhouse, the property is further back in the bay where there's more sediment, making it less desirable for container shipping, "so the best use is to support the commercial fishing industry," Crider says.

About 100,000 pounds of hagfish have already been processed in the facility there, Crider says. Newman says the area should provide plenty of space for the beginning of crab season (scheduled for Dec. 1), which is usually hectic

for Woodley Island. The district is also eyeballing the terminal for a potential cold storage site.

Crider has been responsible for most of the changes on Woodley Island, Newman says, and he's finally getting close to balancing the district's budget after years of losses. "He's been doing the right thing," Newman says. "We're trying to make our facility sustainable to provide for the needs of commercial fishermen."

A common refrain among the challengers to the Harbor commission's incumbents this election season has been that they have lost sight of the Harbor District's mission. That there's been too much focus on conservation and recreation, despite their making up two-thirds of the agency's title.

But Crider says he feels there hasn't been enough energy put into the district's conservation efforts. "There are a lot of opportunities I haven't been able to take advantage of," he says, including conservation grants and programs. He chalks that up to a small staff that's been busy lately with the mill site and new dredge.

"The bottom line is, it's good for the bay, good for the health of the community to have those programs here," he says.

But Humboldt Baykeeper Executive Director Jen Kalt says Crider is underselling the Harbor District's accomplishments — the biggest being the pulp mill cleanup. "If that property was still in private hands it would still be sitting there," she says. "That was a tremendous accomplishment for the bay."

The district has also taken the lead on efforts to control and eradicate spartina, an invasive grass that's spread through nearly all of Humboldt Bay's salt marshes, outcompeting native plant species and harming the wildlife that rely on them.

The district also took steps to eliminate stormwater runoff at its Fields Landing boatyard, Kalt says, reducing the impacts of silt and pollutants that flow into the bay. She says the dredge plan is better than it's been in the past, incorporating information about the bay's dioxins in a way that hadn't been done in previous years. And the district's openness and transparency, she says, have improved greatly over the last decade. Baykeeper no longer has to fight for public records.

The district has also taken steps to digitize its public process, posting its agendas online and offering video recordings of the commission's meetings.

Kalt says the Harbor District has done

sea level rise adaptation work, but would like to see the agency take the lead on the next step: creating a comprehensive action plan that would prioritize the areas on the bay that need work on dikes or tidal restoration projects. So much of the

property is privately owned that conservation and restoration projects are occurring where there are willing landowners, Kalt says, not necessarily where those projects are most needed.

Crider would also like the district to be more involved in preparing for sea level

"The bottom line is, it's good for the bay, good for the health of the community to have [conservation] programs here."

—Jack Crider

rise, wildlife studies and water quality improvements. He says there are a lot of debris removal and construction projects related to conservation, which could bring in revenue and create jobs on the bay. But to do that, he needs more staff. He doesn't want to just write grants and then contract out jobs to consultants. "I would like to participate more than being a flow-through agency."

Newman shares a particular frustration over the last several years: simultaneous complaints about the Harbor District doing too much, and doing too little.

The same grand jury report that urged the district to keep up its dredging efforts also stated that, when it came to economic development, the district should essentially keep up the good work.

Citing the purchase and improvement of district properties, a pre-permitting plan for oyster farms, and development plans for Woodley Island, the grand jury wrote that "the Harbor District has been successful in generating new revenue streams and stabilizing finances."

The Harbor District has been an ambitious governmental agency lately, expanding its scope and bringing itself closer to financial solvency. Whether the vision of its commissioners will last beyond the end of the year is unclear, but both Humboldt Bay's untapped potential and the fate of its existing maritime industry lie firmly in the district's hands. ●

[Editor's Note: The Journal will be looking at the races for seats representing the Harbor Commission's 2nd and 5th districts in the coming weeks.]

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New Wave

Bob Benson at Piante Gallery

By Gabrielle Gopinath

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Bob Benson is showing paintings, painted and carved wall panels, and freestanding sculpture this month at Piante Gallery. Benson, a member of the Tsnungwe Tribe who sits on its Elders Council, served as a professor of art at College of the Redwoods for several decades and is now emeritus. He has exhibited extensively, both nationally and in his native northern California.

Benson's art addresses nature, often by shaping regionally specific materials into forms that recall natural phenomena. Like much of Benson's previous work, the paintings and sculptures here feature simple, iconic forms derived from nature and traditional Native American culture. In his statement for this exhibition, Benson says that the current works explore his long-standing interest in wave patterns. "Wave forms fascinate me," Benson writes. "They are time, movement, energy, light, sound, and seem to exist in everything."

Benson has worked with these natural forms before, for example in the public sculpture "River Steps," a massive redwood carving installed at Arcata's Giuntoli Lane roundabout in 2010. The undulating form derived from the wavelike features Benson observed in redwood grain and water. His new work develops this long-standing preoccupation in unexpected and engaging ways.

As an artist with a feel for waves, it turns out Benson's in good company. The list is not a long one, but it's full of surprises: Hokusai, Gustave Courbet, Hiroshi Sugimoto and Mariko Mori — as well as every surfer who's ever painted, not to mention experimental filmmaker Michael Snow, who directed *Wavelength* (1967), probably the definitive moving-media statement on the subject. Like those artists' works, the pieces in this show expand our mind by inviting us to think about the familiar forms of waves in unfamiliar ways. Three artworks from the show offer three very different meditations on waves.

The 6-foot-tall vertical wooden sculpture is titled "Stacked Stools," but it's also more than the sum of its parts. What we

have here is four stools superimposed: almost identical, hand-carved wooden units of like size, shaped like barbells or hourglasses, bearing the marks of the sculptor's chisel. Superimposed this way, the four units merge into a continuous vertical form — an elongated shape that is too predictable to read easily as organic and yet not quite regular enough to be geometric. It seems like it could be, hypothetically speaking, eternally prolonged. The shape contracts and flares rhythmically, like peristalsis; it is attenuated, yet grossly physical in terms of the way it bulges against constraint.

So the form's quite dynamic, and I haven't even yet mentioned the sly riff the piece enacts on modernist sculptor Constantin Brancusi's 1918 "Endless Column." Brancusi's first version of the "Endless Column," hand-carved in oak, also featured a formal unit repeated vertically four times. Brancusi's forms are hard-edged and geometrically exact — pairs of sectioned pyramids, stuck together at their bases, which come together to create the impression of an unbroken chain that is apparently repeatable *ad infinitum*. In contrast, Benson's forms are animated by slight irregularities that make it possible to distinguish one unit from the next, even though the stack as a whole retains a modular look.

Brancusi's sculpture did away with the traditional pedestal, effectively incorporating the base. Later, art historians would interpret this as progress toward modernist autonomy. The argument goes like this: When it took over the pedestal, "Endless Column" became completely self-contained; it was modular and nomadic, like a spaceship or a Buckminster Fuller geodesic dome, capable of picking up and setting down anywhere, indifferent to location, simultaneously at home everywhere and nowhere in this world. The shift paralleled modernist art's retreat from political and social concerns.

It seems right that Benson should borrow Brancusi's form and bring it down from the modernist ether, reinvesting it with organic quirks. Benson's column bears the unvarnished title "Stacked Stools"; it's



Benson's "Current 2" features *trompe l'oeil* woodgrain that's a study in waves.

Photo courtesy of the artist.

not making any promises about endlessness, which is a dicey proposition in a world of limited resources anyway. While Brancusi's work transcends location, Benson's is carved from local wood. Besides, Benson's sculpture has *practical utility*: It even says so in the title. You could, in theory, take the work of art apart and use each of its parts for the undeniably basic task of sitting. Modernist theories of sculpture promoted the idea that the sculptural object should possess integral cohesion; Benson presents the artwork as a Voltron-like conglomerate, a linked strand of collaborative forms rather than an indissoluble whole.

"Current 2" poses a suave challenge to viewers' *trompe l'oeil* skills in the form of a sleek, wall-mounted wooden panel, the luscious grain of which turns out to be not integral to the wooden support but painted on. Like all paintings that successfully "fool the eye," "Current 2" has a hard, satiric edge. So, you really think you can reliably distinguish between art and na-

ture? it seems to inquire. If you answered in the affirmative, prepare to have your pretensions undermined.

The acrylic monoprint "Flints 2" fills the page with a pattern of wood surfaces in muted, desaturated tones, then illuminates that field by blazing a narrow band of vivid color across its middle. The narrow colored zone features a bold abstract design of chevrons and parallel red bands. The vivid color fades at the margins, as though the picture's pale, washed-out ground had been the product of literal erasure. It's easy to see how Benson derives some of this imagery from indigenous motifs like the flints referenced in the title, creating a hybrid visual vocabulary that recalls the geometric forms of traditional Native American art without precisely duplicating them. ●

Bob Benson: New Work shows at Piante Gallery Oct. 2 through Oct. 31 with an opening reception during Arts Alive on Oct. 3.

First Saturday Night Arts Alive!

October 3

Presented by Eureka Main Street. Opening receptions for artists, exhibits and performances are held the first Saturday of each month. For more information, phone Eureka Main Street at 442-9054 or go to www.eurekamainstreet.org.

ADORNI CENTER 1011 Waterfront St. Stephen Miller, Howdy Emerson, Sohelia Amin, Paul Ricard and Barbara Saul.

ALIROSE 229 F St. Susan Strobe, floral paintings.

AMIGAS BURRITOS 317 Fifth St. Katherine Ziemer, photography.

AREA 1 AGENCY ON AGING 437 Seventh St. Quilts by Fiber Arts Friends.

A TASTE OF BIM 613 Third St. Now open. Special artist TBA.

BAR FLY PUB AND GRUB 91 Commercial St. Kathleen Bryson's private collection.

BAYFRONT RESTAURANT 1 F St. Plaza Richard Duning, paintings.

BELLA BASKETS 317 E St. "Jazzicalglass," Robin Prator, mosaics; Scott Rowland, handcrafted wood tables.

BLACK LIGHTNING MOTORCYCLE CAFÉ 404 F St. Live music TBD.

BLOSSOMS FLORIST 103 Fifth St. Featured artist Shutter Sisters, one year anniversary party.

BOLLYWOOD INDIAN CUISINE 535 Fifth St. Performances with Indian bamboo flute, South Indian style drum, classical poems.

BOOKLEGGERS 402 Second St. "Art of the Written Word."

BRENDA TUXFORD GALLERY 325 Second St. "Maskhibition," community exhibition of masks made from different media. Music by John David Young Conspiracy.

C.L. LEATHERS & ROYAL BAVARIAN PRETZELS 320 Second St. Fresh pretzels. Oktoberfest Bavarian Folk music.

CAFÉ NOONER 409 Opera Alley Photo Wars 2015 Competition Winners. Music by John Myers and Jim Silva.

CALIFORNIA MENTOR 317 Third St. #4 "Birdhouse in Your Soul," Trajectory group show.

CHAPALA CAFE 201 Second St. Kylan Luken, photography.

CHERI BLACKERBY GALLERY and THE STUDIO 272 C St. "Now Playing, Art Inspired by Movies," Dustin Card, Lisa Green, Holly Sepulveda, Ken Waldvogel, Pablo Rahner and Tawny Morgan, mixed media including drawing painting, sculpture and video.

CIA (Center for Insane Artist) GALLERY 618 Second St. (above the Art Center Frame Shop) Marnie Cooper, Kat Bones and Barry Post

CIARA'S IRISH SHOP 334 Second St. Artists Hans Spek and Janet Frost, paintings.

CLARKE HISTORICAL MUSEUM 240 E St. Exhibits by local churches and wildflower artists. Music by Morgan and Kyler.

DALIANES TRAVEL 522 F St. Pam Cone, Boshia Strude, Donna Rosebaugh, photography.

DISCOVERY MUSEUM 612 G St. New location. "Kids Alive," 6-9 p.m.

EUREKA BOOKS 426 Second St. Humboldt County Children's Book Author Festival exhibit.

EUREKA STUDIO ARTS 526 Fifth St. Halloween drawing party using the studio's collection of bones and anatomical models. All ages and experience levels welcome.

EUREKA THEATER 612 F St. *Girl Waits With Gun*, Amy Stewart, book reading.

F ST. FOTO GALLERY at Swanlund's Camera 527 F St. "Bodie. Two Photographers...One Ghost Town," Thomas Bethune and Marc Chaton, photography.

GALLAGHER'S IRISH PUB 139 Second St. Ron Thompson, oil paintings.

GOOD RELATIONS 223 Second St. "Resurfacing of the Serpentine Mind," Alex Escudero, painting, photography and sculpture.

HERE & THERE 339 Second St. Multiple artists. Music by Curiosities.

HSU FIRST STREET GALLERY 422 First St. "Intime," Megan Atherton, Chuck Bowden, Brandice Guerra, Jacob Mondragon, James Moore, Tsuya Pratt, Jeanne Vadeboncoeur, and Erin Whitman, drawings and paintings. "Status Update," Ricardo Febré and Michele McCall-Wallace, large-scale graphics-based panels, videos, sculptural installations, sound pieces and typographic works.

HUMBOLDT ARTS COUNCIL at the Morris Graves Museum of Art 636 F St. **Performance Rotunda:** Music by Raising Grain. **William Thonson Gallery:** Junque Arte Competition & Exhibition, recycled materials. **Knight Gallery:** "Garden of Eden," Andrzej Maciejewski, photography. **Anderson Gallery:** "Bound to Have a Little Fun," Paula McHugh, paintings. **Youth Gallery:** "Children's Author & Illustrator Festival," winning illustrators.

Homer Balabanis Gallery & Humboldt Artist Gallery: Featured artist, Patricia Sundgren Smith. **HUMBOLDT BAY COFFEE** 526 Opera Alley Sonny Wong, paintings. Music by Kenny Ray and the Mighty Rovers.

HUMBOLDT CHOCOLATE 425 Snug Alley Rob Hampson, artwork.

HUMBOLDT HARDWARE 531 Second St. Wood art.

HUMBOLDT HERBALS 300 Second St. Amy Glasser and Katrina Marie Redwood, mixed media. Live music by Matt Brody.

HUMBOLDT REPUBLIC 535 Fourth St. Canvases of local screen printing.

I.D.K. GALLERY 120 Second St. "Celebration of Woman Show," group show. Performances TBA.

JACK'S SEAFOOD RESTAURANT 4 C St., Suite B Richard Dunning, paintings. Live jazz trio.

K. BOODJEH ARCHITECTS 531 Third St. "Display of the July 2015 C to F Street Waterfront Charrette Drawings."

KATHLEEN AMELIA PHOTOGRAPHY 622 Second St. Kathleen Amelia, photography.

KUTTHROAT BARER LOUNGE 415 Opera Alley Grand opening celebration. Jackson Falor Ward, artist.

LINEN CLOSET 127 F St. Come support "Sale for Survivors" 10 percent of all sales go to Breast Health Project.

LIVING THE DREAM ICE CREAM 1 F St. Jackson Salor-Ward, unique, funky, detailed comic-style drawings.

LOTUS STUDIO 630 Second St. Carolyn Geary, portraits; Heather Lawson, paintings; "Women from Around the World," Maureen Fitzgerald, photography; Tiesha Cooper, paintings; Susie Laraine, ceramic sculptures, Buddha heads and nature wall hangings. Performance by Peg Molloy, poetry.

MANY HANDS GALLERY 438 Second St. "Dark Masquerade," Lauren Miller, taxidermy and mixed media.

OLD TOWN ANTIQUE LIGHTING Second and F streets. John Palmer, paintings.

OLD TOWN ART GALLERY 417 Second St. Patricia Sennot, paintings.

OLD TOWN COFFEE and CHOCOLATES 211 F St. Angie Armija, surreal acrylics. Music by Jim Lahman Band.

OLD TOWN SQUARE Second and F Streets. "Domestic Violence Awareness Month," a month-long awareness campaign kicks off with local organizations and nonprofits that service our community. Included will be silhouettes in collaboration with Humboldt County Silent Witness Project.

ORANGE CUP CORAL SALON 612 Second St. Rob Hampson, artwork.

ORIGIN DESIGN LAB 621 Third St. Demonstrations of fall classes with Jodi Lee, Susan Boese, Athena Rose and other teachers.

PIANTE 620 Second St. Robert Benson, paper, plank wood and sculpture.

RAMONE'S 209 E St. D. Nicholson Miller, paintings. Music by zah and lou.

REDWOOD ART ASSOCIATION 603 F St. "Destination Humboldt."

REDWOOD CURTAIN THEATRE 220 First St. "Chinese Brush Painting," Libby Yee, Chinese watercolor and ground ink. Gallery will close

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SEAMOR'S 418 Second St. "Weirdlings," Alisha
 Babel, handmade plush creatures.
SHIPWRECK 430 Third St. "Art in Bloom," Denise
 Dodd, paintings.
SIDEWALK GALLERY at Ellis Art and Engineering
 401 Fifth St. BJ Fitzpatrick, redwood art.
SMUG'S PIZZA 626 Second St. Brandon Garland,
 pen and ink.
STEVE AND DAVE'S First and C Streets. Barry
 Evans, photography. Music by Dr. Squid.
STUDIO 424 424 Third St. "Water Wockets,"
 Benjamin Funke and Gabrielle Gopinath, pho-
 tography and a digital film. 30"x40" (framed
 32"x42"), and a digital film with sound.
STUDIO S 717 Third St. Paintings by multiple
 artists.
SUNROOM STUDIOS AT HUMBOLDT HONEY
WINE 130 West Fourth St. Paul & Heidi Leslie,
 pottery. Refreshments by Tamu Tamu Kitchen.
SWEET SEA STUDIO 129 Second St. Digital
 photography.
THE LITTLE SHOP OF HERS 416 Second St. Lauren
 Miller, art work.
THE LOCAL 517 F St. Dan McCauly, repurposed
 metal sculptures
THE PHILOSOPHER'S STONE GALLERY 218 F St.
 Jeff Stanley, acrylic on canvas paintings.
THE WINE SPOT 234 F St. "Stagecoach Robbers in
 Old Town," Bob and Donna Sellers, a "story art"
 piece where the story of an attempted stage
 robbery unfolds on the streets of Eureka, featur-
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 Pedro Cruz Pacheco, paintings. ●



Dana Utman, digital archival framed prints at Moonstone Crossing. Submitted.

Trinidad Arts Night

Friday, October 2, 6-9 p.m.

Shuttle Service available with several pick-up and drop-off locations throughout town.

Lighthouse View start of Trinity Street.

CIVIC CLUB ROOM 409 Trinity St. "Moonstone in Bloom," locally grown flower presentation by Devon VanDam. Big Lagoon School silent auction and raffle.

MOONSTONE CROSSING 529 Trinity St. "Photography of Trinidad and Beyond," Dana Utman, digital archival framed prints. Music by Tony Roach.

SEASCAPE RESTAURANT AND PIER 1 Bay St. Jim Welsh, oil paintings.

TRINIDAD ART GALLERY 490 Trinity St. Featured artist Shirley Ruchong. Music by Howdy Emerson and JD Jeffries.

TRINIDAD EATERY AND GALLERY 607 Parker Road. Gus Clark, paintings/mixed media. Music by For Folk Sake!

TRINIDAD TOWN HALL 409 Trinity St. "Meet Mr. Jesse," music presentation by Trinidad School's music teacher. 6:30 to 7:30 p.m. Music by The Good Time Rounders. 8 to 10:00 p.m. Face painting by Tess Kraus and painting with Jeff Stanley. Beer, hot dogs and refreshments.

Saunders Plaza the start of Main Street. Music by Madi Simmons and Roots Foundation.

STRAWBERRY ROCK GALLERY 343 Main St. Presenting a new selection of local art every month.

THE LIGHTHOUSE GRILL 355 Main St. Mark Chaton, photography; "Jill's Whims," Jill Overbaugh, multimedia.

Trinidad North and Beyond

CHER-AE HEIGHTS SUNSET RESTAURANT 27 Scenic Drive.

Featuring multimedia art from the Trinidad Art Gallery.

SIMMONS GALLERY 463 Trinity St. Select pieces by the late Ned Simmons.

SAUNDERS PARK (start of Patricks Point Drive) Open drum jam at 6 p.m. Fire performance by Circus of the Elements at 8:30 p.m.

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BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free	Kingfoot Benefit Show w/Be This Bell 7pm TBA	Wicked Man, Yona 9pm Free	Jazz Jam 6pm Free	[M] Quiz Night 7pm Free [T] Mikal Shapiro, Chad Brothers 7pm Free, Human Expression Night 8 pm Free [W] Science on Tap 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	Sapphire: G Jones, Bleep Bloop and more 7:30pm \$25, \$20, \$15 Wave: Live music 9pm Free	Live music 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2015 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
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HUMBOLDT BREWS 826-2739 856 10th St., Arcata	Delhi 2 Dublin (world music) 9:30pm \$15	Ben Miller Band 9:30pm \$15, \$12 advance			[M] Telekinesis, Say Hi 9pm \$15 [T] Charlie Parr (roots) 8:30pm \$10
HUMBOLDT MACHINE WORKS 937 10th St., Arcata, 826-WINE	Roots & Culture Reggae 9pm Free				[W] Salsa! (lessons, dance) 9pm \$5
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928					[M] Van Duzer: Ry Cooder, Ricky Skaggs & Sharon White 8pm \$66, \$25
THE JAM 822-4766 915 H St., Arcata	Karaoke Night 9:30pm Free	Bumble 10pm TBA	Miracle Show (Grateful Dead tribute) 9:30pm Free	DGS Sundaze (EDM DJs) 9pm \$5	[M] The GetDown (funk) 9pm TBA [T] Savage Henry Comedy 8pm \$5 [W] The Whomp (DJs) 9pm \$5



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VENUE	THUR 10/1	FRI 10/2	SAT 10/3	SUN 10/4	M-T-W 10/5-7
LARRUPIN 822-4766 1658 Patricks Point Drive, Trinidad		Blue Lotus Jazz 6pm Free		Dogbone (feral jazz) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LIBATION 825-7596 761 Eighth St., Arcata	Bryan Sackett (guitar) 7pm Free	Claire Bent (jazz vocals) 7pm Free			[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad				Kelly Busse and Harry Smith (jazz) 7pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Scratch Dog String Band 8:30pm Free	Footloose, Roadhouse (films) 8pm Free	'80s Night 9pm Free	Potluck (food) 6pm Free	[T] Open Irish Music Session 8pm Free
MAD RIVER BREWING CO. 668-5680 101 Taylor Way, Blue Lake	Blake Ritter (fiddle tunes) 6pm Free	Ultra Secret Good Guy Organization (funky jazz) 6pm Free	Jenni & David and the Sweet Soul Band (blues) 6pm Free		[T] You Knew Me When (indie folk) 6pm Free [W] Pints for Non-Profits: AIDS Lifecycle. All Day
NORTHTOWN COFFEE 633-6187 1603 G St., Arcata	Trivia Night 7pm Free	Open Mic w/Jeremy Bursich 7pm Free			
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelson 8pm \$5
REDWOOD CURTAIN BREW 550 SG St. #6, Arcata 826-7222	Kingfoot (Americana) 8pm Free		Likewefi & Diggin' Dirt 8pm TBA		[T] Blue Lotus Jazz 7pm Free
RICHARDS' GOAT TAVERN 630-5000 401 I St., Arcata	Miniplex: <i>Gueros</i> (film) 7:30pm \$8		White Manna, Burning Palms (psych, pink) 10pm \$5	First Sunday Lounge Night w/ DJ Red 8pm Free	[T] Bomba Sonido w/DJ Panchanguero 8pm Free
SIDELINES 822-0919 732 Ninth St., Arcata	Rudelson Sound (DJ) 10pm TBA	DJ Music 10pm TBA	Sidelines Saturdays w/Rudelson 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville		The Alkis (acoustic duo) 9pm Free	Them Traveling Birds (Americana) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz 7:30pm Free [M] Anemones of the State (jazz) 5pm Free
SUSHI SPOT 839-1222 1552 City Center Road, Mck.					[T] Bomba Sonidio 10pm Free [W] Reggae Wednesdays w/Rudelson 10pm Free
TOBY & JACKS 822-4198 764 Ninth St., Arcata		Hip-hop DJs 9pm Free	DJ Music 10pm Free		
WESTHAVEN CENTER FOR THE ARTS 677-9493 501 S. Westhaven Drive			Don Hall (folk balladeer) 7pm \$5-\$10 sliding		

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Arcata and North on previous page

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BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Dr. Squid (pop, rock) 9pm Free	The 707 Band (hard rock, pop) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CHAPALA CAFÉ 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6pm Free	The Tumbleweeds (cowboy) 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EMPIRE LOUNGE 798-6498 415 Fifth St., Eureka					[W] Karaoke at the Cantina 6pm \$2 All Ages
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093	Brian Post & Friends (jazz) 6-9pm Free Salsa Night 9pm Free	Salsa w/Pablo King 9pm Free	Savage Henry Comedy 9pm TBA		[T] Anna Banana (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St. 442-2970		Young Frankenstein (film) 7:30pm \$5	Amy Stewart Reading 5pm Free		
EUREKA VETERANS MEMORIAL HALL 1018 H St. 443-5341		Ruins, Sexless w/Mullet and FHOG (punk) 6pm \$5-\$7 All Ages	Dullahan, Buckshot Possum, Burning Hash, et al. 2pm- 10pm \$5		
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna,					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Pappa Paul (folk) 6pm Free	Crested Hens (Celtic) 6pm Free		
LIL' RED LION 444-1344 1506 Fifth St., Eureka			Karaoke w/DJ Will 9pm Free	Karaoke w/DJ Will 8pm Free	[T] Pool Tournament 7pm \$5
MATEEL COMMUNITY CENTER 59 Rusk Ln., Redway 923-3368		Delhi 2 Dublin (world) TBA \$25, \$20 advance	Prezident Brown, Rising Signs, DJs and more 6pm Free		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600			Jim Lahman Band (blues, funk, rock) 7pm Free		[W] Open Mic w/Mike Anderson 7pm Free

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PEARL LOUNGE 444-2017 507 Second St., Eureka	Gabe Pressure Dirty Thursdays (DJ music) 9pm Free	Rudelion (DJ music) 10pm Free	DJ music 10pm Free		
PERSIMMONS GALLERY 1055 Redway Drive 923-2748	Lilith Song (acoustic duo) 7:30pm Free	The HumBros (fusion, R&B) 7:30pm Free			[W] Open Mic w/Little Kidd Lost 7:30pm Free
RED LION HOTEL 445-0844 1929 Fourth St., Eureka			Zombie Ball (karaoke/party) 8pm Free		
ROSE'S BILLIARDS 497-6295 535 Fifth St., Eureka		Ultra Class Fridays (DJ music) 10pm Free	DJ Crazed Music Company 10pm Free		
SHAMUS T BONES 407-3550 191 Truesdale St., Eureka		Friday Night Vibes (DJ music) 10pm Free	SNL-Saturday Night Life (DJ music) 10:30pm Free		
SHOOTERS OFF BROADWAY 442-4131 1407 Albee St., Eureka		Small Town Throwdown (country & rock night) 9pm Free		Karaoke IDOL 9pm Free	
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Humboldt Poetry Slam 7pm TBA		Into the Current (reggae) 8pm TBA	Ultimate Painting, Opossum Sun Trail and Guiding Waters 8pm TBA	[T] Open Mic Night 7pm Free
THE SPEAKEASY 444-2244 411 Opera Alley, Eureka		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			

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Wooden barrels line one wall at Mad River Brewery, where Dylan Schatz is making a bourbon-barrel-aged vanilla porter.

Photo by Carrie Peyton Dahlberg

Humboldt on Tap

From bourbon's discard to brewer's delight

By Carrie Peyton Dahlberg

tabletalk@northcoastjournal.com

Nobody ever told bourbon makers about zero waste. They're a peculiar lot, holed up in Kentucky, stacking charred bourbon barrels by the millions into drafty, seven-story warehouses — and then getting rid of every single barrel.

It's a bourbon thing, and I'll get back to what it means for Humboldt beers in a moment. First, though, ponder this:

There is no particular reason to jettison each barrel after a single use, says Josh Hafer, my go-to bourbon guy. Except, well, it's a federal regulation. Single-use barrels were a bourbon tradition before the reg was written, Hafer says, but now, basically, it's the law.

Really.

The fun I'm having imagining this regulation's birth is almost better than a good, rich autumn beer. Who said what to

whom, when? Was it over sweet, strong drinks in some corruptly genteel parlor? Whose soft Southern syllables wrapped themselves around what honeysuckle *quid pro quo*? Mmmm. Just savor this a minute, imagining.

OK, now back to beer.

Two of our three biggest Humboldt brewers are releasing bourbon-barrel-aged beers this fall. Both used barrels from the same distillery, Heaven Hill Brands, which is what brought me to Hafer, the company's communications manager. Heaven Hill is the world's second-largest bourbon seller, right behind Jim Beam. Its barrels were once reused mostly by makers of Scotch whisky, Hafer tells me, but now, increasingly, they're also snapped up by breweries.

Brewers can have different reasons for barrel aging a beer. Sometimes they want flavors from the microflora in the barrel.

That's a path toward sours and saisons, styles that will get a column all their own later on. At other times, brewers want a beer that picks up flavor from the wood itself or what it once held, anything from bourbon to tequila.

The variations can be endless. Jacob Pressey of Humboldt Regeneration Brewery and Farm often ages his beers in new barrels. "I like the oak character in beer," he says. "It gives it a spicy vanilla character."

At Mad River Brewing Co., brewmaster Dylan Schatz recently filled Heaven Hill bourbon barrels with porter and then added vanilla beans. The barrels will age for two months to create his Bourbon Barrel Vanilla Porter.

When any beer ages, even in a glass bottle, oxidation changes its flavors as some compounds break down and new

Continued on next page »



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Table Talk

Continued from previous page

ones form. (In many beers, nothing good emerges from this.) For barrel aging, brewers choose beers they expect to morph and mellow wonderfully during the oxidative process. So really, three things are going on in a bourbon barrel-aged beer. The beer itself changes with age. It picks up wood flavors (vanilla and oak). And it picks up the flavor of the bourbon that has interacted for years with expanding and contracting wood, adding its own sweet, toasty richness.

This is a great season to explore Humboldt's barrel-aged beers. The weather is shifting, setting the stage for porters and stouts that often age well, and some notable new releases are coming up.

For its 20th anniversary, Eel River Brewing Co. has aged its award-winning Triple Exultation for six months in Heaven Hill bourbon barrels. For the first time, this barrel-aged beer is being released in 22-ounce bottles, as well as on tap in Fortuna. I love this, because at home or in the brewpub, you can taste the barrel-aged version my favorite way: side by side with the same beer, unaged.

If you can, do this with any barrel-aged beer you try. It's a fascinating way to appreciate exactly what the barrel — and time — has done to a beer. When you sip both Triple Exultations during the same session, it's easy to pick up the hoppier notes of the original, as well as the sweet, boozy complexity of the aged version.

Mad River Brewery's new batch of Bourbon Barrel Vanilla Porter will also be ready soon, along with a Port Barrel Aged John Barleycorn Barleywine in October. If you're stocking your fridge, pick up Mad River's regular porter to try alongside a 22-ounce bottle of the vanilla-bourbon version.

I'm setting aside the sours for now, but that still leaves more to taste. At Redwood Curtain Brewing Co., look for an oak-aged Flaming Sombrero, a smoked beer that's a delight on its own and should just get more interesting aged. Humboldt Regeneration will likely have its oak-aged wheat stout on tap for at least the first few weeks of October. And if you can wait until early next year, you'll be able to taste what port-barrel aging has done to 6 River's delicious Sasquatch double IPA. (A

bourbon barrel-aged Sasquatch that was on tap in August was amazing.)

Once you've discovered which barrel-aged beer you like best, ask your favorite brewer how long the bottled ones will keep. Some will mature and improve for years.

If you can resist drinking them.

A date with beer

Thursday, Oct. 1: Randall Redux. Humboldt Regeneration will use the Randall ("Humboldt on Tap," June 18), an infusion chamber for adding fresh flavors just before serving, to infuse its biscuit wheat beer with apples, pears and charred oak chips soaked in Jameson whiskey. On tap for the first week or two of October.

Sunday Oct. 4, 8 a.m.: What goes better than beer with competitive disc tossing? Breakfast, lunch, AND beer. All are included at the 17th annual Brewer's Cup, a disc golf competition that pairs random doubles to tackle the Mad River disc golf course on Warren Creek Road. Late registration starts at 8 a.m.; play begins at 8:30 or 9 a.m. Call Dutch Sullivan at 845-3638 to pre-register. \$35.

Saturday, Oct. 10, 12:30-5 p.m.: Smaller than Hops in Humboldt, less weird than StrangeBrew, Hoptoberfest pops up handily in October, just when you're getting thirsty. In Blue Lake's Perigot Park, sample 25 to 30 different beers from 12 breweries, plus plenty of hard cider at this family-friendly benefit for the Blue Lake Education Foundation. Taps open at 1 p.m. \$25 presale; \$30 at the gate; \$5 non-drinkers; kids 12 and under free.

Thursday, Oct. 15: Dead Reckoning devotes five taps to a Shiga Kogen mini-tap-takeover. Expect two IPAs, a saison, an anniversary ale and a brown ale from this Japanese brewery, whose craft beers can be hard to find in America.

Thursday, Nov. 5 (and every first Thursday) 7 p.m.: Sample and compare notes with Humboldt Homebrewers at the club's monthly meeting at Humboldt Beer Works in Eureka. Free to attend; club dues \$20 annually. ●

Send your beer news to
Carrie Peyton Dahlberg at
beerstainednotebook@gmail.com.

Paste, Posters, & Telephone Poles

How I learned to not hate Facebook as much

By Andy Powell

thesetlist@northcoastjournal.com



Ultimate Painting plays Sunday, Oct. 4 at Siren's Song Tavern.

Similar to many of the changes that have come along with an evolving music industry, show promotion has morphed and permutated throughout the years. At a local level, the days of wheat pasting yielded to staple guns and telephone poles, to hoofing it around town throwing up 11-by-17-inch posters in supportive local businesses, to emailing press releases to local media outlets. To be fair, some of this still happens on a daily basis for many bands, but the digital revolution has made show promotion much easier and much more cost effective. Why spend \$50 printing out color posters and the hours it takes getting them all over town when you can just create a Facebook event and invite everyone that way? It's easier, cheaper, and invites interaction from your fans. Although I'm generally one who thinks Facebook is a tremendous waste of time, I do have to applaud it for making life easier for already hard-working musicians who barely get compensated as it is. Same goes for Twitter and all those other cutesy-named social media platforms.

I'll admit to looking back fondly on my days of hitting up telephone poles, and putting in the miles made me feel like the band was really trying. It did, however, take a lot of time. Time that could have been used for songwriting, practicing and, these days, getting the kids to cross country practice and volleyball games. If new tools can free up some time for musicians, and still allow them to effectively promote their shows, then count me in. But, I'm still a sucker for a nice colorful poster hanging at the Tin Can Mailman. Keep up the work musicians, it's worth it. Oh, and please send me press releases about your shows. Don't make me navigate Facebook to find out when you're playing, because I probably won't. Look below for how to clue me in via email.

Thursday

Two of the bands playing Thursday are staying busy this weekend with other shows, but catch Kingfoot tonight at Redwood Curtain Brewery in Arcata. Think of it as Americana with a local twist and some great guitar work. Get on the good foot at 8 p.m. for \$4.

Out-of-towners Dehli 2 Dublin return to Humboldt Brews. If you're looking for a high energy show to work on your moves and sweat on strangers, this is probably the spot to be. A fusion of East meets West, you'll hear Punjab beats paired with some Celtic fiddling. Sounds strange, I know, but it works. Throw in some dub and reggae, and you've got some happy Humboldtians. Their latest album, *Low 'n Slow*, just came out last month, so expect to hear a sampling of new songs. The dance begins at 9:30 p.m. Bring \$15.

Friday

Kingfoot stays in Arcata and joins in on a fundraising concert with Beth Bell at Blondie's. Beth's band **BeThisBell** is on its way to Brooklyn next month to perform at an "official showcase" at the CMJ Music Marathon. A big gig! As we talked about last week, local bands rarely ask for enough financial compensation for their craft, but Beth is hoping folks will help her get the band to New York City. I would assume they're flying, but either way, it ain't cheap. I'm not sure what the cover charge is, but show up at 7 p.m. and you'll get good music and know that you're helping local musicians get in front of some big players in the Big Apple. Some tracks off of the band's latest album have a sound reminiscent of when Santana jammed with Rob Thomas. Can't make the show but still want to help out? They've got a Kickstarter going; which you can check

out by googling the band's name.

For some "Ozark Stomp" or "Mudstomp," catch the **Ben Miller Band** at Humboldt Brews at 9:30 p.m. Allegedly born out of an open mic night "gone right" this band will treat you to some bluegrass/country/etc. with a strong beat. They've got guitars, banjos, a washtub bass and a washboard. \$12 in advance or \$15 at the door.

If you missed **Dehli 2 Dublin** last night, you get another chance to see them at the Mateel. No time announced as of yet, but \$20 if you've already got your tickets, otherwise \$25 at the door.

Saturday

I received an email from Buddy Reed alerting me to the fact that someone he really admires will be playing at the Westhaven Center for the Arts. Buddy tells me that his pal **Don Hall** is a hell of a "folksinger/story teller/balladeer" who has a great bass voice. Don is apparently an Emmy award winning TV producer as well, but he fled that crazy scene years ago. He'll be up in the redwoods, far from his home in Louisiana, but I've got a hunch he'll be feeling at home while he's in Humboldt. Price and time TBA.

At Richard's Goat Tavern in Arcata, Humboldt Free Radio Presents local psych-rockers **White Manna** joined by Tucson post-punkers **Burning Palms**. Just \$5 for this 10 p.m. show.

Sunday

Some members of White Manna will be joining members of Moon Pine as the newish local band **Opossum Sun Trail** at the Siren's Song Tavern. They bill themselves as "cinematic desert type of music," and that's actually a pretty good description. Listening to some tracks from their new album, they sound mellow and atmospheric and at times a

bit alt-country-ish. One of their songs, "The Long Valley," made me wonder if this is what it would sound like had Pink Floyd lived in the American high desert in '69 with some time-traveling members of Lullabye for the Working Class and only one electrical outlet. They'll be joined by **Guiding Waters** (who is Clyde they tell me, not knowing that I don't know who Clyde is) and **Ultimate Painting** all the way out from London. Supporting their new album *Green Lanes*, Ultimate Painting is a bit indie and a bit jangly dreamy music. I couldn't help but think about Harold and Maude in a band with Bernie Leadon. I apologize for that. No word on the time or price of this one either, but it'll be worth it.

Monday

If you ever wondered what vampires living in the Pacific Northwest singing about unrequited love and heartbreak sound like, **Say Hi** will fill you in. The band recently released *Bleeders Digest* (get it?), a concept album from the point of view of vampires. It's indie-sounding with some synth pop thrown in for good measure. Dance or sway lazily. Please, no biting. Say Hi will play Humboldt Brews with **Telekinesis** at 9:30 p.m. \$15 at the door.

Full show listings in the Journal's Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com. ●

Andy Powell is a congenital music lover and hosts The Night Show on KWPT 100.3 FM weeknights at 6 p.m. Recently he's been falling asleep on the job while hosting the Morning Show. He's not proud of that fact.

Calendar

October 1 - October 8, 2015



Watch fashionistas with a re-purpose take up-cycling to new heights at **Kinetic Kouture** on **Saturday, Oct. 3 at 9:30 p.m.** at the **Morris Graves Museum of Art** (\$10). This benefit for Kinetic Universe and the Morris Graves features music and a tequila bar. The materials in their previous form may no longer work, but the models had better. Get it, girl.



Courtesy of the author

Local author and Eureka Books co-owner **Amy Stewart** discusses and reads from her latest best-selling novel *Girl Waits with Gun* this **Saturday, Oct. 3 at 5 p.m.** at the **Eureka Theater** (free). Cocktails at the soiree benefit the continued restoration of the theater.



Courtesy of Eureka Symphony

Oh brother! The **Eureka Symphony** opens its season with a concert featuring acclaimed guest soloists (and brothers) **David and Aaron Reiquiro** this **Friday and Saturday, Oct. 2 and 3 at 8 p.m.** at the **Arkley Center for the Performing Arts** (\$29-\$44; \$10). The sibling virtuosos perform Brahms' Double Concerto in A minor on cello and violin with the orchestra.



Weird Science

"For what we are about to see next, we must enter quietly into the realm of genius." Tru dat, Dr. Frankenstein.

From the collaborative genius of Mel Brooks and Gene Wilder comes ***Young Frankenstein***, the story of Dr. Frederick Frankenstein, grandson of the infamous Victor (Mary Shelley's scientist with the God complex), who struggles to distance himself from his ancestor by insisting his name is pronounced "Fronken-steen" until he tries his hand (and a couple others') at creating his own monster. This 1974 black and white send-up of classic horror films, laden with Brooks' signature over-the-top humor and based on an original idea by Wilder, plays at the **Eureka Theater** on **Friday, Oct. 2 at 7:30 p.m.** (\$5) and answers the question: If you put a 7-and-a-half-foot-tall, 54-inch-wide undead monster in a top hat and tails, does it really make him a "cultured, sophisticated man about town"? Loaded with classic lines ("You must be Igor," "No, it's pronounced 'Eye-Gor,'" "Put. The candle. Back!" "Ovaltine?") and featuring a star-studded cast that includes Marty Feldman, Cloris Leachman, Madeline Kahn, Teri Garr and Peter Boyle, this truly is a must-see movie. From the opening credits that pay homage to Universal Studios horror movies to the last frames, when Teri Garr receives Frederick's big ... news, *Young Frankenstein* is indeed one of life's sweet mysteries. And you can find it, at last, for just five bucks.

— Kali Cozyris



Flavors of the Fall

Fortuna's annual **Apple Harvest Festival, Oct. 2 to 4** (free admission) is always a barrel of fun for the whole family.

The celebration kicks off **Friday, 6:30 to 10:30 p.m.** at the Fortuna Rodeo Grounds, with cider sipping and music at **Taste of the Harvest** (21-and-over, \$25, \$10 sober drivers), benefiting Wild Souls Ranch.

Saturday's festivities go from **10 a.m. to 4 p.m.** at events across the city, and you can hitch a hayride between all of them. **Main Street's** hopping with live **music**, tasty **food** — tri-tip sandwiches, apple crisp, shaved ice — a **bounce house** and **craft booths from 9 a.m. to 5 p.m.** Over at **Clendenen's**, take a **hayride** orchard tour, taste apples and **applewood barbecue**. **Redwood Village** has a **rib cook-off at noon** featuring apple-infused recipes — to see who's got the crust — plus kids games and vendors. There's more for the kids over at **Strong's Creek Plaza** with a **petting zoo**, **carriage rides**, **face painting**, **gymnastics** and more. The Fortuna Fire Department is offering **fire truck rides**, tours and free ice cream courtesy of the FVFD Ladies Auxiliary.

Come back **Sunday** from **11 a.m. to 3 p.m.** for more hay and apples at **Clendenen's** and **speeder car rides** to Eighth Street and back. **Main Street's** closed to traffic for a **street fair** where you can pick out the perfect pie.

— Kali Cozyris



Courtesy of the Medieval Festival of Courage

Surely You Joust

For those of us who wished we had lived in the land of Ladyhawke, made magic with Merlin and shared ale with Arthur 'round the table, there is a Festivus for the rest of us and its name is the **Medieval Festival of Courage**. Taking place **Saturday, Oct. 3 and Sunday, Oct. 4 from 10 a.m. to 5 p.m.** at **Christie's Pumpkin Patch** in Blue Lake (\$5, \$3 for kids 12 and under), this living history fundraiser for Coastal Grove Charter School offers a taste of daily life in a medieval village during harvest. Festival goers can enjoy two days of romping through fields among ladies and knights, jesters and ogres, fairies and farmers. There are **booths galore** where one might sample the wares of the villagers, taste **morsels** of deliciousness and try his or her luck at various skills. (Participating vendors and performers will teach you how to knight-up for **tournament Sunday** and show off what you've learned.)

On **Saturday** from **10 a.m. to noon**, there's the **Enchanted Village Tour** where youngsters can meet the characters of the village court and the **first 200 kids receive a special gift** from each of them. Perhaps the most popular attraction, the **Knights of Mayhem**, perform **full-contact jousting** twice per day at **12:30 p.m. and 3:30 p.m.**, putting their bravery on display. And new this year are the **Rogue Mounted Archers** slinging arrows on horseback at **11:30 a.m. and 2:30 p.m.** Catch **Humboldt Aerial Collective** performances at **1:45 p.m.** on both days. **Sunday's** judged **Children's Medieval Costume Contest** is at **11:30 a.m.** following **student performances at 11 a.m.**

Come out to the fields for a magical time, but please leave your dogs at home. Here there be dragons and they get hungry, too.

— Kali Cozyris

1 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

MOVIES

Gueros. 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. Three restless teens search for folk-rockers Epigmenio Cruz on the streets of Mexico City during the student strikes of 1999. \$8. www.richardsgoat.com.

Ocean Night ft. *Dear & Yonder, Shark Girl.* 7 p.m. Arcata Theatre Lounge, 1036 G St. Two films about women and their connections with the sea. \$3 donation. www.arcatatheatre.com.

SPOKEN WORD

Humboldt Poetry Slam. 7 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Spoken word open mic at 7 p.m. and a slam at 7:45 p.m. with a prize for first place. www.thesirensongtavern.com.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Call ahead. \$5, \$3 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. Music by SqueezeBug. www.humfarm.org. 441-9999.

McKinleyville Farmers' Market. 3:30-6:30 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. Locally grown fruits, vegetables, plants, meats and other wonderful products. Music by Jim Silva.

MEETINGS

Humboldt County Beekeepers. 6:30 p.m. Humboldt County Agriculture Department, 5630 South Broadway, Eureka. New beekeepers Q-and-A forum at 6 p.m. \$2 donation includes raffle ticket. 845-3362.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

2 Friday

ART

Art Opening and Reception. 6-9 p.m. Persimmons Garden Gallery, 1055 Redway Drive, Redway. Judy Evenson's watercolors. Meet the artist and enjoy live music. Free. www.persimmonsgardengallery.com.

LiveART with Ashely Menza. 5-8 p.m. Eel River Brewing Co., 1777 Alamar Way, Fortuna. Watch the artist create jewelry. Free. eelriverevents@gmail.com. www.eelriver-brewing.com. 725-2739.

Trinidad Art Nights. First Friday of every month, 6-9 p.m. Trinidad, Downtown. A town-wide celebration of community and commerce through the arts, music, dance and expression. Free. www.trinidadartnights.com.

LECTURE

Wish You Were Here. 7-8:15 p.m. Blue Lake Union School, 631 Greenwood. Local historian Jerry Rohde takes the audience on a historic postcard tour of Humboldt County. Free.

Climate Response Teach-In. 7 p.m. Founders Hall, Humboldt State University, Arcata. Join Climate Crisis Humboldt! for an in-depth teach-in. In the Green and Gold room. Free.

MOVIES

Scream. 8 p.m. Arcata Theatre Lounge, 1036 G St. Wes Craven's 1996 teen slasher that revitalized the horror genre and spawned three sequels, several spoofs and a TV series. \$5. www.arcatatheatre.com.

Young Frankenstein. 7:30 p.m. Eureka Theater, 612 F St. "It's pronounced 'Fronkensteen.'" \$5. www.theeurekatheater.org.

MUSIC

Cypress String Quartet. 6:30 p.m. Calvary Lutheran Church, 716 South Ave., Eureka. Concert honoring Dr. Robert A. Micheli featuring three Beethoven quartets. A memorial service will be held at 6:30 p.m., followed at 7:30 p.m. by the concert and a "Meet the Artists" reception. \$30, \$10, \$5.

Delhi 2 Dublin. Mateel Community Center, 59 Rusk Lane, Redway. Dub reggae, happy dance beat band. \$25, \$20 advance. www.mateel.org.

Eureka Symphony Season Opening Concert. 8-10 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. Featuring guest artists, David and Aaron Requiro, cello and violin performing Brahms' *Double Concerto in A minor* with the orchestra. Also featured is Mozart's *Symphony No. 39*. A musical notes lecture precedes each concert. \$29-\$44; \$10 students; children 12 and under free. eurekasymphony@gmail.com. www.eurekasymphony.org. 845-3655.

G Jones, Bleep Bloop. 7:30 p.m.-1:30 a.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. EDM with The Widdler and Psy Fi. All ages (under 16 with parent or guardian). After party at the Wave Lounge 21 and over. \$25, \$20, \$15. worldfamousparty.com.

Ruins, Sexless. 6-10 p.m. Eureka Veterans Memorial Hall, 1018 H St. All ages punk show with Mullet and FHØG. Bar open for 21 and over. \$5 - \$7.

THEATER

Puppet Slam. 8 p.m. Arcata Playhouse, 1251 Ninth St. Short-form puppetry performance described as "Puppet mayhem with live music in a cabaret format." Recommended for adult audiences. \$10, \$8. arcata-playhouse.org.

Rumors. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Neil Simon's classic farce about an assumed murder at an upscale New York gathering. \$16, \$13. www.ncrt.net. 442-6278.

EVENTS

Humboldt Harvest Glass Gathering. 4-10 p.m. Lost Coast Gallery, 1131 Westhaven Drive South, Trinidad. Saturday enjoy gallery viewing, glass blowing demos, raffle, 215 lounge, music, vendors, food and drink. Fri. night VIP only. \$10 Saturday.

North Coast Stand Down. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Providing services to local veterans including food, access to medical and dental services, veterinary care (the event is pet-friendly), haircuts, massages, military benefit information, eye-glass screenings and provisions as well as warm clothes and new boots for some. www.ncsd.vet. 442-4322.

Taste of the Harvest. 6:30 p.m. Rohner Park, 11th and

N streets, Fortuna. Kick off Apple Harvest weekend with this fundraiser for Wild Souls Ranch. Listen to live music by Cliff Dallas and the Death Valley Troubadours and enjoy unlimited tastes of local and top brand hard ciders. 21 and over. Shuttle service available. \$25 tasting glass, \$10 sober driver tickets. www.friendlyfortuna.com.

FOR KIDS

Children's Clothing Swap. First Friday of every month, 3:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Bring your kids' hand-me-downs to trade for fresh new-to-you's. Sizes newborn-12, in wearable condition (no holes, stains, etc.). Free. facebook.com/ChildrensClothingSwapArcata. 985-8084.

FOOD

Garberville Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Local farm-fresh produce, meats, cheeses, baked goods and other specialty foods. EBT, Cal-Fresh and WIC accepted. SoHumFM@Yahoo.com. 923-3499.

OUTDOORS

Friday Night at the Refuge. First Friday of every month, 7 p.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Enjoy a walk along the trail during the evening hours and a free, natural resource presentation at the visitor's center. Free.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

3 Saturday

ART

Kinetic Kouture Fashion with a Re-Purpose. 9:30 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Fabulous looks made from re-purposed materials modeled on the runway, music and a tequila bar. A benefit supporting Kinetic Universe and the Morris Graves Museum of Art. \$10. www.humboldtarts.org.

BOOKS

Amy Stewart. 6-9 p.m. Eureka Theater, 612 F St. The best-selling local author reads and talks about her new book, *Girl Waits With Gun*. Cocktail sales benefit the theater's restoration efforts. Free. www.theeurekatheater.org.

LECTURE

AAUW Luncheon and Talk. 9:30 a.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Jen Kalt of Humboldt Baykeeper discusses her organization and its local environmental focus. Lunch follows with special club presentation. Reservation required. \$16 lunch or \$5 coffee/tea. 407-0113.

MUSIC

Don Hall. 7 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Folksinger, balladeer, storyteller and Hollywood drop-out brings his authentic sound. \$5-\$10 sliding.

Eureka Symphony Season Opening Concert. 8-10 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. See Oct. 2 listing.

Fall Metal Fest. 2-10 p.m. Eureka Veterans Memorial Hall, 1018 H St. Benefit for Sean Patrick Leydon featuring Dullahan, Buckshot Possum, Burning Hash and more. \$5.

www.eurekavetshall.info.

THEATER

Puppet Slam. 8 p.m. Arcata Playhouse, 1251 Ninth St. See Oct. 2 listing.

Rumors. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Oct. 2 listing.

EVENTS

Ethnic Food and Dance Festival. 12-4 p.m. St. Innocent Orthodox Church, 939 F St., Eureka. Enjoy Central European and Greek food, live music by Chubritza and hourly Byzantine chant performances during guided tours of the historic temple. Free. rector@eurekafirstchurch.com. www.eurekafirstchurch.com. 443-2099.

Apple Harvest Festival. City of Fortuna. A city-wide celebration of the fall apple harvest. Free hayrides around town, orchard barbecue, live music, apple pie contest, merchant and vendor street sales, children's games and much more Free.

Arts Alive. First Saturday of every month, 6-9 p.m. Art, and a heap of it. All around Old Town, Eureka. Free. www.eurekamainstreet.org. 442-9054.

Humboldt Harvest Glass Gathering. 11 a.m.-5 p.m. Lost Coast Gallery, 1131 Westhaven Drive South, Trinidad. See Oct. 2 listing.

Medieval Festival of Courage. 10 a.m.-5 p.m. Christie's Ranch and Pumpkin Patch, 2870 Glendale Drive, Blue Lake. Travel back in time for a weekend of family amusements, skills, treasures, morsels, a petting zoo, archery, jousting, aerial dance and much more at this fundraising festival. \$5, \$3, Free for kids 2 and under. www.medievalfestivalofcourage.org. 825-8804.

North Coast Stand Down. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See Oct. 2 listing.

Pastels on the Plaza. 9 a.m. Arcata Plaza, Ninth and G streets. This über local event is sponsored by area businesses to support North Coast Children's Services and features more than 100 artists chalk drawing on the plaza.

Taste of Willow Creek Fall Festival. 12-5 p.m. Big Foot Golf & Country Club, 333 Big Foot Ave., Willow Creek. Enjoy local wine, hors d'oeuvres, live music, art and a barbecued meal along with themed games and activities for kids. A dance follows at the VFW Hall next to Veteran's Park. \$15-\$40. info@willowcreekchamber.com. www.tasteofwillowcreekfallfestival.com. (530) 629-2693.

Wine by the Sea. 3-6 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Indulge in wine tasting and live music with a view at a benefit for Friends of the Dunes. \$35, \$30 members, \$30, \$25 members advance. beth@friendsofthedunes.org. 444-1397.

FOR KIDS

KEET's Kids Club. First Saturday of every month, 12-2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. This monthly workshop includes PBS Kid's programming, story time, tours of current art exhibitions and art activities. Each family takes home a free book. This month's book is *How are You Peeling* by Saxton Freeman and Joost Elfers Free. www.humboldtarts.org. 442-0278 ext. 201.

Kids Alive. First Saturday of every month, 5:30-8 p.m. Discovery Museum, 612 G St., Eureka. This is a drop-off program for children ages 3-12. Children must be confidently potty trained. This fun night includes free play, arts and crafts and a snack. Price may vary depending on number of children. Call us and find out how much you will pay. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Continued on page 35 »



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Calendar

Continued from page 33

Story Time. First Saturday of every month, noon. Willow Creek Library, State Routes 299 and 96. Introduce your preschooler to the fun of books. Free. Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Join us for stories, songs, and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music by Blue Rhythm Revue.

Dutch Oven Cooks at Apple Harvest Festival. 9 a.m.-12:30 p.m. Rohner Park, 11th and N streets, Fortuna. The Fortuna Dutch Oven Society of Humboldt County presents a cooking class and demonstration with samples for attendees. Sign up at Fortuna Parks and Rec in advance or at the Rohner Park Cookshack that morning. Free. www.friendlyfortuna.com. 725-2961.

HOLIDAY EVENTS

Zombie Walk. 5:30 p.m. County Courthouse, 825 Fifth St., Eureka. Zombies invade Arts Alive! Dress up in your freakiest zombie attire/makeup and drag yourself through the streets of Eureka with the rest of the horde. Meet on the courthouse lawn. Free.

MEETINGS

Humboldt County Historical Society. 1 p.m. Eureka Main Library, 1313 Third St. Savannah Smith presents "The Cost of Contempt: The Loss of the USS Milwaukee," the latest developments in one of Humboldt County's best-remembered and most notorious shipwrecks. Free.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Elliott Dabill. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Tour leader Tristan McKee. Free. www.ras.org/calendar.

Hammond Trail Work Day. First Saturday of every month, 9-11 a.m. Hammond Trail, Mad River Bridge, Arcata. Work, clean and paint. Dress for work. New volunteers welcome. Contact for meeting place. sbecker@reninet.com. www.humtrails.org. 826-0163.

Lanphere Dunes Guided Walk. First Saturday of every month, 10 a.m. Pacific Union School, 3001 Janes Road, Arcata. Join a Friends of the Dunes naturalist and tour part of the Humboldt Bay National Wildlife Refuge. Free. info@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Oct. 2 listing.

COMEDY

Mateel Comedy Cabaret. First Saturday of every month. Mateel Community Center, 59 Rusk Lane, Redway. Professional comedy series. Ages 18 and up. \$10.

ETC

Flea Market/Rummage Sale. 9 a.m.-3 p.m. Freshwater Grange, 49 Grange Road, Eureka. The Freshwater Grange will be hosting a flea market/rummage sale to help raise money for the painting of the grange.

Humboldt Sponsors Rummage Sale. 9 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Four buildings of housewares, furniture, electronics, tools, books, clothing, jewelry, toys and sporting goods, including new items donated by local merchants.

czygaczenko@gmail.com. www.redwoodacres.com. 499-9935.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

4 Sunday

ART

Art Talk w/Kati Texas. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. The artist speaks about creative re-use in art following the opening of the Junque Arte exhibition and Kinetic Kouture show. \$5, \$2, Free to MGMA members and children. janine@humboldtarts.org. www.humboldtarts.org. 442-0278 x 202.

MOVIES

The Witches. 6 p.m. Arcata Theatre Lounge, 1036 G St. An orphaned boy in England is turned into a mouse by an evil witch (Angelica Huston) and fights back with the help of a hotel manager (Rowan Atkinson). \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

THEATER

Rumors. 2 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Oct. 2 listing.

EVENTS

Apple Harvest Festival. City of Fortuna. See Oct. 3 listing.

Eureka Historical Society Home Tour. 12-5 p.m. City of Eureka, Humboldt County. Visit eight historical sites, enjoy live music, refreshments, vintage cars and a raffle. \$25, \$20 advance, \$12 students and kids 6 and older. www.eurekaheritage.org. 441-0702.

Medieval Festival of Courage. 10 a.m.-5 p.m. Christie's Ranch and Pumpkin Patch, 2870 Glendale Drive, Blue Lake. See Oct. 3 listing.

North Coast Stand Down. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See Oct. 2 listing.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos as well as smaller, more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

Freshwater Grange Breakfast. First Sunday of every month, 8-11 a.m. Freshwater Grange, 49 Grange Road, Eureka. Enjoy buttermilk and whole-grain pancakes, eggs, ham, sausage and French roast coffee. Top your eggs with homemade salsa and cheese. \$6, \$4 for kids. 442-7107.



WHEN:
October 10th • 2 - 6 PM

WHERE:
Firemen's Park, Wildwood Ave.
and W. Center St., Rio Dell

HOW MUCH:

IN ADVANCE:
\$20 Drinking, \$5 Driving

AT THE DOOR:
\$25 Drinking, \$10 Driving

SUPPORT LOCAL ART

One price tastes all!
Enjoy local beer and live music by
Don's Neighbors plus free shuttle to
the community market and Arts on
the Avenue downtown.

Support the Eagle Prairie Arts District,
proceeds will provide art programs to
youth and community.

Family friendly! Buy tickets in advance
and save at riverartsbeerfest.com

 Like us on Facebook!

OUTDOORS

Dune Restoration. First Sunday of every month, 1-4 p.m. Lake Earl Wildlife Area, 2591 Old Mill Road, Crescent City. Ensure that diverse native dune plants can survive and spread, providing homes and food for native animals. Free. 954-5253.

Sunday Marsh Walk. 9-11:30 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Keep an eye out for vagrant land birds, early waterfowl and plenty of shore-birds. Meet leader Ken Burton at the first parking lot on I Street, just before the gate, at 9 a.m. Be prepared to walk 2 to 3 miles. Free. www.ras.org/calendar.html. 499-1146.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. Hotline 407-9222.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. \$3. www.nugamesonline.com. 497-6358.

Flea Market/Rummage Sale. 8 a.m.-1 p.m. Freshwater Grange, 49 Grange Road, Eureka. See Oct. 3 listing.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

5 Monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music from the 1930s through 1950s.

Refreshments served. \$4. 725-5323.

MUSIC

Humboldt Folklife Society Sing-along. First Monday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Come sing your favorite folk, rock and pop songs of the 1960s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com. 839-7063.

Ry Cooder, Ricky Skaggs & Sharon White. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Guitarist and "musician's musician" Cooder is joined by bluegrass superstar Ricky Skaggs and country singer Sharon White, plus Joachim Cooder (drums) and Mark Fain (bass). \$66, HSU \$25. carts@humboldt.edu. humboldt.edu/centerarts. 826-3928.

MEETINGS

Bayside Grange Monthly Meeting. First Monday of every month, 7 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Lively conversation, noshing and discussions about the restoration and program diversity of the Bayside Grange. Free. hallmanager@baysidegrange.org. www.baysidegrange.org. 822-9998.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

SPORTS

Monday Night Football. 5:20 p.m. Arcata Theatre Lounge, 1036 G St. Pro football on the giant screen. All ages. Lions @ Seahawks. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

ETC

Monday Night Magic Draft. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. New and seasoned play-

Continued on next page »

Calendar

Continued from previous page

ers welcome. \$15. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

6 Tuesday

MUSIC

Ukulele Play and Sing Group. First Tuesday of every month, 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All skill levels. Other instruments on approval. Meet first and third Tuesday. Donations of \$1-\$2 appreciated. veganlady21@yahoo.com.

SPOKEN WORD

Human Expression Night. 7 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Courtne Burns hosts this night of poetry and creativity. Free. www.blondiesfoodanddrink.com.

FOR KIDS

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G Street, Eureka. Free play for kids 0-5. Regular admission for kids over 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Oct. 4 listing.

FOOD

Eureka Farmers Market. 10 a.m.-1 p.m. Old Town Gazebo, Second and F streets, Eureka. Fresh, local produce direct from the farmer. Free. 441-9999.

Fortuna Farmers Market. 3-6 p.m. Main Street. Locally grown fruits, veggies and garden plants, plus arts and crafts. Free.

Miranda Farmers Market. 2-6 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods and more right across from the Miranda Gardens Resort. Free. www.facebook.com/Southernhumboldtfarmersmarket.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, all with an ocean view. Free. www.facebook.com/Southernhumboldtfarmersmarket.

Wildberries Farmers Market. 3:30-6:30 p.m. Wildberries Marketplace, 747 13th St., Arcata. Locally grown fruits, vegetables, plants, meats and more.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 5-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Street, Ferndale. Cards and pegs.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Community Clean Up. First Tuesday of every month, 10 a.m.-noon. Riverbend Cellars, 12990 Avenue of the Giants, Myers Flat. Help with limbing, taming brush, burning slash, hauling garbage and clearing out abandoned cars. Free. www.riverbendcellars.com.

7 Wednesday

MOVIES

Sci Fi Night ft. *End Of The World* . 7:30 p.m. Arcata The-

atre Lounge, 1036 G St. Scientists discover that a priest (Christopher Lee) and nuns are aliens from Utopia out to destroy polluted Earth. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

GARDEN

Nutrition in the Garden. 9:30 a.m.-noon. Fortuna Community Garden Project, 2292 Newburg Road. Family-friendly, fall harvest party, and seeds and produce giveaway. Free. kkyle@co.humboldt.ca.us. 441-5080.

MEETINGS

Transportation Forum. 12-1:30 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Discuss top transportation concerns, identify potential solutions and give input on the county's "unmet transit needs" process. Free. OLLI@humboldt.edu. www2.humboldt.edu/olli/brownbag/.

OUTDOORS

Guided Nature Walk. First Wednesday of every month, 9 a.m. Richard J. Guadagno Visitor Center, Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. This 2-mile walk is a great way to familiarize yourself with local flora and fauna. Binoculars are available at the visitor's center. Free. 733-5406.

Sea Kayaking Basics. 6-8 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. This two-hour, on-land session focuses on the anatomy of boats, proper outfitting and gear, and prepares you for the sport before your first kayaking lesson. Free. cntract@humboldt.edu. 826-3357.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

8 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Oct. 1 listing.

BOOKS

Thursday Afternoon Book Club. Second Thursday of every month, 12-1 p.m. Humboldt County Library, 1313 Third St., Eureka. Fun and lively discussion group focusing on adult fiction and nonfiction. Call ahead for upcoming titles. Free. www.humlib.org. 269-1905.

MUSIC

Dialectical Imagination. 8-11 p.m. The Sanctuary, 1301 J St., Arcata. Piano and percussion duo. \$5-\$20 sliding. thesanctuaryarcata@gmail.com. www.thesanctuaryarcata.com. 834-2957.

Thundercat. 9:30 p.m.-1:30 a.m. Arcata Theatre Lounge, 1036 G St. Multi-genre bass player, producer and singer from Los Angeles. \$20. worldfamousparty.com/thundercat.

THEATER

Boeing Boeing. 8-10:30 p.m. Ferndale Repertory Theatre, 447 Main St. Special preview performance. Tony Award

winner about a swinging bachelor in the 1960s who's engaged to three flight attendants. \$5. info@ferndalerep.org. www.ferndalerep.org. 786-5483.

Rumors. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Oct. 2 listing.

EVENTS

Community Board Game Night. Second Thursday of every month, 7-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. ossIncrp@northcoast.com. www.baysidegrange.org. 444-2288.

FOR KIDS

Teen Court Jury Training. 4-6 p.m. Boys and Girls Club Teen Center, 3015 J St., Eureka. Learn about this real court administered by teens for teens who choose to have their cases heard by peers. RSVP. Free. hcteenecourt@bgcredwoods.org. 444-0153.

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. See Oct. 1 listing.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Oct. 1 listing.

McKinleyville Farmers' Market. 3:30-6:30 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. See Oct. 1 listing.

MEETINGS

Humboldt Grange 501 Potluck. Second Thursday of every month, 6:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., Grange meeting 7:30 p.m. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Oct. 1 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Oct. 1 listing.

Heads Up This Week

North Coast Repertory Theatre announces open auditions for *Reefer Madness: The Musical* Oct. 11 and 12 at 6 p.m. at the theater. Call 268-0175

Ferndale Repertory Theatre announces auditions for *The Threepenny Opera* Oct. 11 and 12 from 6-8 p.m. at Arcata Playhouse, and *Bat Boy: the Musical* Dec. 6 and 7 from 6-8 p.m. at Bethel Church in Eureka. For more info, email leira@ferndalerep.org.

The Bayside Grange invites crafters and artists to submit vendor applications for the Holiday Handmade/Makers' Fair to be held at the Grange Dec. 19 and 20. Email denise@remembermagic.com or call 822-9998.

AAUW Scholarships available for HSU women re-entry students. Application deadline is Oct. 31. For more information, go to www.Humboldt-ca.aauw.net or call 443-1291.

Low-cost firewood is available for income-eligible older adults. Call 443-9747 ext. 1241 for more information.

Fern Cottage Foundation seeks board members. Please send a letter of intent to Fern Cottage Foundation, P.O. Box 1286, Ferndale, CA 95536. For information, go to www.ferncottage.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

For an application for grand jury service, call 269-1270 or stop by the Jury Services Office at the Humboldt County Courthouse. Applications online at www.co.humboldt.ca.us/grandjury. ●

Filmland

Dizzying Heights

Overreaching in *Everest* and *Pawn Sacrifice*

By John J. Bennett

filmland@northcoastjournal.com

Reviews

EVEREST. Writer Jon Krakauer has no patience for this adaptation of his work: He's called it "total bull." He has, of course, also seized this as an opportunity to steer potential readers back to his *Into Thin Air*, the book upon which Baltasar Kormákur's (*Contraband*, *2 Guns*) intermittently compelling, occasionally breathtaking, consistently harrowing movie is based. Krakauer takes particular issue with the way he's portrayed here by Michael Kelly. He comes off as somewhat distant, ineffectual, a little cocky; like a journalist, in other words. Whether or not it's an accurate representation of Krakauer as he was in Nepal in 1996 is really neither here nor there, as far as I'm concerned. This is, after all, a fictional narrative based on a man's accounting of real events. It's been through too many hands for anyone to imagine that it could represent the "truth." But Krakauer's complaint does manage to get at the main failing of Kormákur's movie. Although Kelly gives a strong performance, he is one among so many characters that he inevitably gets lost.

To his credit, Kormákur's visual style well represents the scope of the undertaking. His frame seems to expand to take in the shockingly beautiful tableaux of the Himalayas, including their dangers. But set against that gorgeous panorama, the stories of the myriad individuals quickly start to feel incidental and disconnected. One could argue that this is a commentary on the futility of humanity's attempt to conquer nature, but I'm not buying it. I think Kormákur, along with screenwriters William Nicholson and Simon Beaufoy, simply tried to tell too many stories at once.

The movie opens with title cards delivering a crash course in Everest history, ending with New Zealander Rob Hall's perhaps dubious innovation of leading expeditions of amateurs to the summit. The action then



Climbers face the mountain led by Jake Gyllenhaal's majestic beard.

picks up in spring 1996, with Hall (Jason Clarke) meeting up with his latest group. They include: Krakauer; Doug Hansen (John Hawkes) a divorced dad and letter carrier who had to fundraise to afford his second attempt at the mountain; Beck Weathers (Josh Brolin), a Texas good ol' boy with a bit of a chip on his shoulder; Yasuko Namba (Naoko Mori), a Japanese woman in her late 40s who has already summited "six of the seven peaks," and a number of others. The group makes their way to Everest base camp, where they find themselves among a great number of other climbers, including a group led by Hall's friend/rival Scott Fischer (Jake Gyllenhaal). Over the next several weeks, the various teams all make a number of partial ascents in an effort to train and acclimatize themselves, all planning an attempt at the summit on May 10.

The events of that day have been written about extensively and are depicted in excruciating detail here. In brief, May 10 wasn't the best day to be on the mountain. The climbers were surprised by fast-moving storms, a shortage of oxygen, inadequate fixed ropes — a cocktail of bad luck and missteps that led to many of them dying.

Here, the disastrous ascent is emotionally taxing and visually well-rendered, but the narrative is spread too thin to achieve the devastation it attempts and deserves. The exceptional cast all turn in solid performances, including Emily Watson and Keira Knightley who are effective in supporting roles, and the production value is second to none. The physical and mental toll becomes almost palpable. By the end, though, the lack of connection to the characters proves unbridgeable, and *Everest* plays more like well-dramatized IMAX movie than a narrative feature. PG13.

121M. BROADWAY, FORTUNA, MILL CREEK.

PAWN SACRIFICE opens in Iceland, 1972, where Bobby Fischer (Tobey Maguire), American chess grandmaster, is on the

verge of succumbing to paranoia and forfeiting his championship bid against Boris Spassky (Liev Schreiber). Flashing back, we learn a little about Fischer's upbringing in Brooklyn. His mother (Robin Weigert), a Communist organizer, can't keep up with her son's chess fixation and need for silent concentration. She takes off for California, leaving him to his studies. Eventually, a mysterious benefactor named Paul Marshall (Michael Stuhlbarg) appears. In the name of patriotism, he offers to help Fischer dethrone the Russians, thereby winning at least one battle in the Cold War. He brings on Father Bill Lombardy (Peter Sarsgaard), a Catholic priest and the only American to have beaten Spassky, as training partner and handler.

For several years, the three travel the world, with Fischer's genius for chess increasing as his mental state degrades. He becomes something of a celebrity, taking on the mercurial, demanding attitude naturally. This all culminates in the showdown in 1972.

Directed by Edward Zwick (*Glory*, *The Last Samurai*), with a screenplay by Steven Knight (*Eastern Promises*, *Locke*), *Pawn Sacrifice's* inspired moments never really bring the movie to life. Maguire is convincing in the lead, but his Fischer is never particularly sympathetic. This may be factually accurate, but on screen it's frustratingly one-note. His self-centeredness and paranoia belie a staggering genius for the game. But he never comes to life as a person on-screen, characterized instead by larger-than-life tics and tropes.

PG13. 114M. MINOR.

— John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456.

Previews

THE MARTIAN. Director Ridley Scott is stranding people in space again. This time it's an astronaut (Matt Damon) stuck after a storm on Mars while his team scrambles to get him back. PG13. 141M. BROADWAY, FORTUNA, MILL CREEK, MINOR.

SICARIO. Benicio Del Toro plays a shadowy consultant/mercenary working with FBI agents played by Emily Blunt and Josh Brolin as they navigate the drug trade in the US-Mexico borderlands. R. 121M. BROADWAY, MILL CREEK.

SLEEPING WITH OTHER PEOPLE. Jason Sudeikis and Alison Brie are a pair of unfaithful types who meet at a sexual addiction meeting and struggle to keep a platonic friendship. R. 101M. MINOR.

Continuing

BLACK MASS. Fine acting by Johnny Depp as gangster "Whitey" Bulger and Joel Edgerton as his FBI handler in a dark, fascinating biopic, marred only by the film's inability to pick a side. R. 122M. BROADWAY, FORTUNA, MILL CREEK.

GRANDMA. A tough and funny Lily Tomlin stars as a woman shaking down everyone she knows to raise \$600 for her granddaughter to end a pregnancy. Quietly touching, unassuming and entertaining. R. 80M. MINOR.

THE GREEN INFERNO. After a plane crash in the Amazon, rain forest activists are captured, tortured and probably eaten by scary locals with hardcore body art. R. 100M. BROADWAY.

HOTEL TRANSYLVANIA 2. Adam Sandler voices grandpa Vlad, who's trying to run his inn and hang onto his blended vampire-human family in this animated sequel. PG. 90M. BROADWAY, MILL CREEK, FORTUNA.

THE INTERN. Robert DeNiro plays a retiree who returns to work with an internship at an online fashion company. With Anne Hathaway as his new boss. PG13. 121M. BROADWAY, FORTUNA, MILL CREEK.

MAZE RUNNER: THE SCORCH TRIALS. Our clear-skinned, teen heroes escape lockdown and battle the middle-aged powers that be in the wider post-apocalyptic dystopia. PG13. 131M. BROADWAY, FORTUNA, MILL CREEK.

THE VISIT. Siblings visit creepy, estranged grandparents in the boonies for found-footage scares and unsurprising plot twists in the M. Night Shyamalan picture. PG13. 94M. BROADWAY, MILL CREEK.

A WALK IN THE WOODS. Robert Redford and Nick Nolte star as old friends testing their knees and their bond by hiking the Appalachian Trail. R. 104M. BROADWAY.

WAR ROOM. A troubled family prays together and (spoiler alert!) probably stays together. PG. 120M. BROADWAY, MILL CREEK.

— Jennifer Fumiko Cahill ●

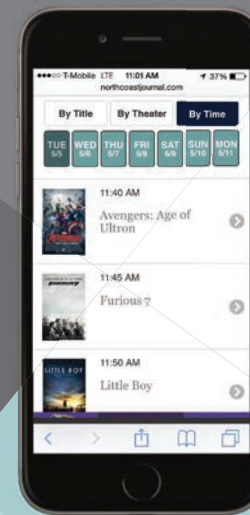
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m.northcoastjournal.com



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MOVIES & EVENTS

Oct 2 - Sept 7

Fri Oct 2 – *Scream* (1996), Doors @ 7:30 PM, Movie @ 8 PM, Film is \$5, Rated R.

Sun Oct 4 – *The Witches* (1990), Doors @ 5:30 PM, Movie @ 6 PM, Film is \$5, Rated PG.

Wed Oct 7 – *Sci Fi Night* ft. *End Of The World* (1977), Doors @ 6 p.m. All ages, Free w/\$5 food & bev purchase.

10/5 – Monday Night Football, all ages, FREE w/\$5 food/beverage purchase, check www.arcatatheater.com for more

Arcata Theatre Lounge f
arcatatheater.com • 822-1220 • 1036 G St.

Workshops & Classes

List your class – just \$4 per line per issue! Deadline: Friday, 5pm.

Place your online ad at classified.northcoastjournal.com or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Arts & Crafts

CREATING WITH CLAY. First and Third Thurs.'s 6:30-8:30 pm. Here's your chance to create whimsical and fun ceramic projects to help our fundraising efforts and your opportunity to create in clay in this free two hour workshop. Call to reserve space. Limited to three visits in a six month period. Fire Arts Center 520 South G St Arcata 707-826-1445 fireartsarcata.com (AC-1015)

LEARN TO KNIT Learn to Knit - Just in time to create Holiday Gifts! Our new beginning knitting class will give you the skills to complete your first knitted project, a knitted hat. Total instruction time is six hours. Your materials will be provided as part of the workshop fee. Workshop Fee:\$65.00
Saturday, Oct. 17 11AM - 1PM
Saturday, Oct. 24 11AM - 1PM
Saturday, Oct. 31 11AM - 1PM
Sign-up on-line or give us a call (707) 442-9276
info@northcoastknittery.com
www.northcoastknittery.com

UPCYCLING CLASSES AT SCRAP HUMBOLDT For Youth & Adults! For the full schedule visit www.scraphumboldt.org (707) 822-2452

Communication

EASY CONVERSATIONAL SPANISH a class for people with no prior knowledge of Spanish. This is a fun non-grammar based class where students learn essential Spanish for everyday conversation. Oct 21-Nov 11 Wednesdays 5:30-7:30pm downtown Eureka contact Community Education at 707-476-4500 for registration information (V-1001)

LIFETREE EXPLORES THE ART OF CONVERSATION
Techniques and tips for becoming a great conversationalist will be explored at Lifetree Café on Sunday, October 4, 2015 at 7:00 p.m. The program titled "What Do You Want to Talk About?" features practical tips for having great conversations as well as opportunities to practice new-found skills. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobdipert@hotmail.com or www.lifetreecafe.com (C-1001)

Computer

INTERMEDIATE MICROSOFT EXCEL. Go beyond the basics and explore powerful tools available to an intermediate user of Microsoft Excel. With Joan Dvorak. Mons., Oct. 26-Nov. 16, 6-8 p.m. Fee: \$75. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (C-0903)

BOOKKEEPING TRAINING October 26th - December 16th with Tuesdays December 8th & 15th, 2015, Mondays & Wednesdays, 8:30am - 12:30pm \$595 Students emphasizes the fundamentals of bookkeeping, while adding hands-on applications and system building for beginning Bookkeepers. The class focuses bookkeeping for the small business environment by utilizing and learning the popular bookkeeping software tool - Quickbooks! Contact Community Education at 707-476-4500 for registration informationn (C-1001)

COLLEGE OF THE REDWOODS COMMUNITY EDUCATION REAL ESTATE CLASSES start Oct 20th! Call us today 707-476-4500 (V-1001)

DIGITAL MARKETING MASTERY. Gain an understanding of the techniques and application of digital marketing, including personal and business branding; social media; basic web design; SEO practices; fundamental analytics and advertising. With Christine Ciarcia and Rachel S. Lee. Tues., Oct. 20-Nov. 3, 6-8 p.m. Fee: \$120. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (C-0917)

Dance/Music/Theater/Film

DANCE SCENE STUDIOS. Excellent instruction in Ballet, Creative Dance, Hip Hop, Belly Dance, Pilates, Jazz, Musical Theater. 1011 H Street, Eureka. www.DanceEureka.com (707)502-2188. (DMF-1105)

DANCE WITH DEBBIE: Find your inner Latin dancer! Learn Salsa in a small class environment - beginning level 7-8 p.m., Intermediate 8-9 p.m. on Tuesday evenings in October or explore your inner Latin lover with Rumba on Thursday evenings also in October, same times. Only \$40/person/month and we guarantee you will learn to dance! (707) 464-3638, debbie@dancewithdebbie.biz (D-1008)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-1029)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m, Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-1029)

GROOVE YOGA WITH LORI SNYDER AT OM SHALA YOGA. Join special guest Lori Snyder for a fun, flowing Vinyasa class set to everything from Krishna Das to Kermit the Frog. Saturday, October 10, 12:30-2:00. \$20 before 10/5, \$25 after. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St., Arcata. (D-1008)

WEST AFRICAN DANCE W/ LIVE DRUMMING. Tues.'s, All Level Class, 5:30 p.m -7 p.m. Thurs.'s Beginning/Breakdown, 7 p.m.-8 p.m., Redwood Raks Dance Studio, Arcata. Facebook Arcata West African Dance or contact Heather (707) 834-3610. (DMT-1029)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-1126)

Fitness

DRAGON HEART TANG SOO DO AT PRESBYTERIAN CHURCH ON G ST. Tuesday and Thursday classes - kids 4-5pm, adults 5:30-7:30pm. Free women's self-defense class Thursdays 5-5:30pm. Call Master Becky Rupp 707-923-2886. (W-1015)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-1029)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0827)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1231)

Lectures

BUILDING ORGANIZATIONAL DIVERSITY: AVOIDING UNCONSCIOUS BIAS IN THE HIRING PROCESS. Unconscious bias can subtly impact hiring decisions and put organizations at risk for lost talent, productivity and revenue. Learn and apply concrete strategies for interrupting this behavior in yourself and your business. With Melissa Meiris. Tues., Oct. 20 and Nov. 10, 9-11 a.m. Fee: \$105. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-1008)

CHILD ABUSE MANDATED REPORTER. Learn the responsibilities of being a mandated reporter, indicators of child abuse and neglect, and reporting procedures. With Jed Mefford & Pamela Miller. Friday, Oct. 23, 8:15 a.m.-4:30 p.m. Fee: \$40 (includes lunch); \$25 additional for optional academic credit or CEUs. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-1008)

THE PEOPLE: NEW DESIGNS FOR FUNDRAISING. For nonprofits, it's the people who are crucial to the success of any fundraising effort. Learn key recruitment and team building strategies, board development and self-assessment tools. With Guimar Hiebert. Meets online Nov. 16-Dec. 11. Fee: \$195. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/fundraisingcertificate. (L-1008)

TOOLS FOR BIG GIFTS. Learn methods and strategies for developing capital campaigns and planned giving for your nonprofit organization. With Guimar Hiebert and Melissa Hooen. Meets online Oct. 19-Nov. 13. Fee: \$195. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/fundraisingcertificate. (L-1008)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

CONTRACT BRIDGE FOR BEGINNERS. With Robert Fornes. Wednesdays, Oct. 7-Nov. 11 from 10 a.m.-12 p.m. Learn the rules and tools to enable you to completely play the game. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

CONTRACT BRIDGE FOR INTERMEDIATES. With Robert Fornes. Wednesdays, Oct. 7-Nov. 11 from 2-4 p.m. Learn more about playing and defending in a trump or a no-trump contract, and clarify many complex bidding issues. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

CREATING BALANCE: BUILDING STRENGTH. With Randi Swedenburg. Mondays & Wednesdays, Oct. 10-28 from 1-2 p.m. in Arcata. This exercise class focuses on improving balance and building strength to reduce the risk of falling. Supports the exercises recommended from the Seeking Balance course.. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

DRAW, SKETCH, PAINT ON YOUR IPAD. With Iris Schencke. Saturdays, Oct. 17 & 24 from 1-5 p.m. Do something really creative and fun with your iPad using the innovative app Procreate. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

DRAWING WITH COLORED PENCIL WITH BRENT EVISTON. Mondays, Oct. 5-Nov. 9 from 2-4 p.m. Colored pencils are excellent for students who want color in their work without the mess or expense of paint. Drawing experience recommended but not required. OLLI Members \$85/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

GENTLE YOGA. WITH PATRICIA STARR. Mondays, Oct. 5-26 from 1-2:30 p.m. Learn the basic foundation, the use of props, correct alignment, conscious relaxed breathing and all of the basic stretches. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

GUIDED IMAGERY FOR CHRONIC PAIN. With Kerima Furniss. Tues., Oct. 13 & 20 from 6:30-8:30 p.m. Discover how to use imagery for pain management and to support family and friends during stress or injury. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

HARDWIRING HAPPINESS: THE NEW BRAIN SCIENCE OF CONTENTMENT, CALM & CONFIDENCE. With Marilyn Montgomery. Thursdays, Oct. 15-Nov. 5 from 2-4 p.m. Discover the neuroscience of happiness and different practices and meditations for unlocking the hidden power of everyday experiences to build new neural structures. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

HOW TO WORK WITH THE MIND THROUGH BUDDHIST MEDITATION. With Khenpo Ugyen Wangchuk. Wednesdays & Fridays, Oct. 7-23 from 5-7 p.m. on the HSU campus. Explore the practice of various types of meditation employed within the Buddhist tradition, working with the mind and taming errant emotions. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

JEWEL CITY: ART FROM SAN FRANCISCO'S PANAMA-PACIFIC INTERNATIONAL EXPOSITION With Julia Alderson. Wednesdays, Oct. 7-28 from 2-4 p.m. at the Trinidad Library. Examine the art and artists highlighted in this exciting upcoming exhibition at the de Young Museum in San Francisco. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

SEVEN PRINCIPLES FOR MAKING RELATIONSHIPS WORK. With Lou Ann Wieand. Sat., Oct. 10 from 9 a.m.-4 p.m. This one-day workshop is designed for couples already in a committed relationship. Deepen your friendship, manage conflict effectively, and learn how to honor each others' dreams and shared meanings. Register by Sept. 30. OLLI Members \$55 per person/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0924)

TAKE IT SLOW, TAKE THE TRAIN. With Louise Bacon-Ogden and David Ogden. Discover if train travel is right for you. Learn the ins and outs of preparing for train trips including secrets of packing, ordering tickets, sleeping and dining. Choose from two options: Thursday, Sept. 8 from 3:30-6 p.m. or Thursday, Sept. 15 from 5:30-8 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

LIVING WITH BIRDS IN YOUR HOME GARDEN. At the Humboldt Botanical Garden with Terry Kramer. Monday, Oct. 12 from 10 a.m.-12 p.m. Learn to make a bird-friendly garden using water and bird baths, as well as landscaping with flowers, shrubs and trees. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

MAKE YOUR HOBBY PAY FOR ITSELF: STARTING A HOME CRAFTING BUSINESS IN HUMBOLDT. With Rima Greer. Friday, Oct. 16 from 10 a.m.-1 p.m. Learn quick and easy steps for setting up a crafting business in Humboldt. Pay less for your materials, figure your pricing, and get great low-cost tips for getting the word out. OLLI Members \$35/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

OLLI PILATES PLUS. WITH JOANNE FORNES. Wednesdays, Oct. 7-Nov. 11 from 10-11:30 a.m. Build a stronger, healthier body, improve posture, balance and flexibility. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

MAKING GUIDED IMAGERY WORK FOR YOU. With Kerima Furniss. Tues., Oct. 6 from 6:30-8:30 p.m. Learn skills to use your imagination to ease stress, pain and worry, move toward positive goals, and help family and friends. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

SONGS OF COMFORT AND HEALING. With Maggie McKnight. Saturday, Oct. 10 from 2-4 p.m. Learn a variety of simple songs, from gentle and soothing to uplifting and lively, and can also be sung for special occasions or pure enjoyment. No musical experience is required. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

THE GAMES PEOPLE PLAY. With Jayne McGuire. Thursday, Oct. 15 from 1-4 p.m. Discover the wildly popular games of bocce and pickle ball through this interactive workshop. No prior experience necessary. Larson Park, Arcata. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

THE HISTORY OF HUMBOLDT COUNTY IN 120 MINUTES. New date added: Saturday, Oct. 24 from 1-3 p.m. (Oct. 17 date sold out). Get hooked on Humboldt County history with Jerry & Gisela Rohde. Discover the county's people, places, and events. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

TWO PROGRESSIVE PRESIDENTS: THEODORE ROOSEVELT AND WOODROW WILSON. With Donald Murphy. Thurs., Oct. 15-Nov. 5 from 10 a.m.-12 p.m. Explore the substance and style of these dynamic, innovative presidents, their leadership, achievements and failures. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

WORLDS OF ROCK AND ICE: AN ADVENTURER'S GUIDE TO THE SOLAR SYSTEM. With Mark Bailey. Tuesdays, Oct. 13-Nov. 10 from 4-6 p.m. Explore planets, asteroids, comets, and other objects zipping around in our solar system. Examine the spacecraft that have visited these bodies, how they did it, what is planned for the future. OLLI Members \$80/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

Pets & Animals

DOG TRAINING. Puppy class starts Tuesday, October 6th @6 pm. Basic obedience class starts Tuesday, October 6th @7 pm. 443-1183 for info. Sign up at the Adorni Center 441-4248 (P-1001)

Spiritual

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-1029)

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org **EUREKA:** Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com . (S-1224)

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-1029)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Services at 9am and 11am on Sunday. Child care is provided at 9am. Childrens religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-1029)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m. Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com, www.kdkarcatagroup.org (S-1029)

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m.-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-1029)

THE POWER OF HEART SERIES Please Join Christine Fiorentino and T Proctor: Transform habitual life patterns-feel more alive, spontaneous and connected. See also our Lost Coast Yoga and Meditation Retreat - beingrealnow.org

TRANSMISSION MEDITATION Wednesdays 6-7pm Isis Osiris Healing Temple 44 Sunny Brae Ctr, Arcata TransmissionMeditation.org 707-681-9970 (S-1203)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-1029)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m -7:45 p.m, at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-1029)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0421)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-1029)

FLASH FICTION

Got 99 problems but a plot ain't one? Crack your knuckles and start typing — the *North Coast Journal* Flash Fiction Contest is back. Send your original story of 99 words or fewer to our judges for a chance at publication and a prize. Email your entries to fiction@northcoastjournal.com between Sept. 24 and 5 p.m. on Oct. 28. Be sure to include your name, address and phone number on your entry (contact info won't be printed). Send all the stories you want, but no poems.

North Coast
journal
of Politics, People and Art

Vocational

TRUCK DRIVING TRAINING PROGRAM at College of the Redwoods starts November 9th call us at 707-476-4503 for information and registration or visit our website at <http://www.redwoods.edu/Departments/Community-Ed/truckdriver.asp> (V-1001)

BILINGUAL FRONTLINE CUSTOMER SERVICE

Saturday, October 24th, 2015, 9:00am - 3:00pm, \$155. This course will outline the necessary basics for superior frontline customer service. With an excellent bi-lingual instructor, the course will also role-play quality solutions for common conflicts and miscommunications in the English to Spanish or Spanish to English formats in customer service. Contact Community Education at 707-476-4507 for information (C-1001)

NOTARY TRAINING. This one-day seminar for new and renewing notaries provides the practical training needed to pass the comprehensive exam required for all California Notaries. Monday, Nov. 23, 8 a.m.-4 p.m. (exam follows at 4 p.m.) Fee: \$120 plus additional for live scan, photo and exam. With James Negrete. Register by Oct. 26. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended/notary. (V-1015)

PUBLIC ENGAGEMENT: THE VITAL LEADERSHIP SKILL. This practical and participatory seminar is designed for anyone who wants to be more effective in engaging the public in addressing tough issues. With Pete Peterson, Carol Rische, Mary Gelinas and Roger James. Thursday, October 22, 9 a.m.-12 p.m. Fee: \$95. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (V-1008)

HEY, BANDS.



Submit your
gigs online at
[www.northcoast
journal.com](http://www.northcoastjournal.com)

and/or email with
high-res photo to
[music@northcoast
journal.com](mailto:music@northcoastjournal.com)

Wellness & Bodywork

ARCATA SCHOOL OF MASSAGE IS NOW ENROLLING FOR OUR 650-HOUR PROGRAM.

Starts Sept. 1, 2015. It is a Morning Program that meets Mon.- Fri., 9 a.m. - 1 p.m. Training is based in mindfulness, compassion, and many therapeutic massage modalities. Visit arcatamassage.com for complete course descriptions and information. (W-0128)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Dandelion Herbal Center classes with Jane Bothwell. Festival of Herbs: Visiting Teachers Series. Dec. 2015 - May 2016. Meets the 1st weekend of the month for intermediate to advanced herb students and health care practitioners. Learn from renowned herbalists: Rosemary Gladstar, Christopher Hobbs, Amanda McQuade-Crawford, Kevin Spelman, Kathleen Harrison and Jessica Baker! Beginning with Herbs. Jan. 13 - March 9, 2016, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Medicinal Cannabis Conference. April 23-24, 2016. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level! Register online www.dandelionherb.com or call (707) 442-8157. (W-1203)

JIN SHIN JYUTSU SELF-HELP CLASSES. Learn what this ancient way of balancing energy with gentle touch is, and how to do it for yourself to enhance your health, comfort and peace of mind. Third Sundays, July thru December, 10 a.m. to 1 p.m. \$30 per class or \$150 for all six classes. Attend one, some, or all. July 19, Aug. 16, Sept. 20, Oct. 18, Nov. 15, Dec. 20, at the Arcata Wellness Center, 735 12th St., Arcata. Taught by Denny Dorsett RN, Jin Shin Jyutsu practitioner and self-help instructor. Call 707 825-0824 for information and pre-registration, or drop in, space allowing. (W-1217)

MOTHER & FATHER TANTRA WITH VENERABLE KHENPO UGYEN WANGCHUK AT OM SHALA!

Learn about Mother Tantra; the role of the Dakini and feminine principle in Vajrayana Buddhism, and Father Tantra; Great Masters, Siddhas, and Tertons of the Tibetan Buddhist Nyingma Lineage. Don't miss this opportunity to make a connection with our local buddhist monk. Weekend of October 10-11, 2:30-4:30pm Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St, Arcata. (W-1001)

SOOTHING YOUR INNER CRITIC WITH LORI SNYDER AT OM SHALA YOGA! Through lecture, discussion, journaling, breathwork, conscious movement, mindfulness, and compassion practices, this workshop offers tools aimed at soothing and taming your inner critic...and maybe even making it your friend. Saturday, October 10, 7:00-9:00pm. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St, Arcata. (W-1008)

YOGA CLASSES IN FORTUNA AT THE LUCKY HEART SHOP. 591 Main St. Mon. 8AM. More info Contact Takasha 707-682-8080 or theluckyheartshop@gmail.com. (W-1231)

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSOING. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-1029)

Legal Notices

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHRISTINE BACKUES CASE NO. PR150222

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Christine Backues
A PETITION FOR PROBATE has been filed by Petitioner, Jackie Gable In the Superior Court of California, County of Humboldt. The petition for probate requests that Jackie Nickole Riley Gable be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on October 8, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the Cali-

fornia Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:

Carlton D. Floyd
Floyd Law Firm
819 Seventh Street
Eureka, CA 95501
(707) 445-9754
Filed: September 3, 2015
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT
9/17, 24, 10/1 (15-202)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 14th of October, 2015, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage.

The following units are located at 4055 Broadway Eureka, CA, County of Humboldt.

Margaret Martinez, Unit # 5224
Bernice Robertson-Tully, Unit # 5301
Antonio Waller, Unit # 5334

The following units are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

None

The following units are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Shonquinta Jones, Unit # 1312
S. Odilia Goff, Unit # 1506

The following units are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Kathryn Rockey, Unit # 351
Lauren Hopkins, Unit # 409
Gloria Stangeland, Unit # 448

The following units are located at 1641 Holly Drive McKinleyville, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Jacqueline Anderson, Unit # 1103
Jacob Lyle, Unit # 3210
Matthue Langer-Roberts, Unit # 3241
Adrian Burnett, Unit # 3248
Gary Titus, Unit # 7228
Brandon Hux, Unit # 8112
Anna Lowe, Unit # 8115

The following units are located at 2394 Central Avenue McKinleyville CA, County of Humboldt and will be sold immediately following the sale of the above units.

Stacie Lynch, Unit # 9410
Teresa Cengia, Unit # 9533
Jeffrey Ray, Unit # 9537
Ronald Bonds Salisbury, Unit # 9555

The following units are located at 180 F Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Christopher Allert, Unit # 4020
Harlan Leroux, Unit # 4111
Kara Belz, Unit # 4369
Daniel Phillips, Unit # 4386
Gregory Marcus, Unit # 4539
Brian Davis, Unit # 6152
Brett Chambers, Unit # 6204
Anthony Ashley, Unit # 6213
Timothy Still, Unit # 7097

The following units are located at



Hum Plate Blog

Devouring Humboldt's best kept food secrets.

www.northcoastjournal.com/HumPlate

Have a tip?

Email jennifer@northcoastjournal.com

940 G Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Carl Partee, Unit # 6412

Items to be sold include, but are not limited to: Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown. Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 1st day of October, 2015 and 8th day of October, 2015

(15-207)

PUBLIC NOTICE

The Arcata (Elementary) School District Board of Trustees is currently seeking persons interested in filing for a position as school trustee. Such a vacancy was created by the resignation of current trustee effective 7/28/2015 (1 vacancy). The newly appointed trustees will serve until the next school district elections held in November 2019. Persons interested in this position must be at least 18 years of age and residents of the Arcata School District. Interested persons should submit a concise letter stating reasons for wishing to serve on the Board of Trustees and giving general background information. Letters delivered to the Arcata School District Office at 1435 Buttermilk Lane, Arcata are accepted through 4:00 p.m. to Friday, October 30, 2015. We encourage you to contact Barbara Short, D. Ed, Superintendent, at 822-0351 for more information.

10/1 (15-209)

FICTITIOUS BUSINESS NAME STATEMENT 15-00504

The following person is doing Business as **HONEST AS TATTOO COMPANY** Humboldt, 6093 Princeton Dr., Eureka, CA 95503 **Abraham M. Kennedy 6093 Princeton Dr., Eureka, CA 95503** The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed

above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Abraham Kennedy, Owner This statement was filed with the County Clerk of Humboldt County on August 27, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: M. Morris

9/10, 9/17, 9/24, 10/1 (15-199)

FICTITIOUS BUSINESS NAME STATEMENT 15-00532

The following person is doing Business as **WOMAN WITHIN WESTERN USA** Humboldt, 1579 13TH St., Arcata, CA 95521 **Women Worldwide-West Coast, Inc. CA C2046778 1579 13th St, Arcata, CA 95521** The business is conducted by A Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Beth Shipley, Treasurer This statement was filed with the County Clerk of Humboldt County on September 17, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: S. Carns 9/24, 10/1, 10/8, 10/24 (15-205)

FICTITIOUS BUSINESS NAME STATEMENT 15-00531

The following person is doing Business as **ROMAN'S KITCHEN** Humboldt, 681 I St., Arcata, CA 95521 **Valeriano A Mendes Linares 715 Rigby St, Rio Dell, CA 95562** The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Valeriano Andres Mendes L, Owner This statement was filed with the County Clerk of Humboldt County on September 16, 2015

KELLY E. SANDERS Humboldt County Clerk By: M. Morris 9/24, 10/1, 10/8, 10/24 (15-204)

FICTITIOUS BUSINESS NAME STATEMENT 15-00542

The following person is doing Business as **WIND IN THE WILLOWS PRESCHOOL** Humboldt, 2900 Harris St., Eureka, CA 95503 **Elizabeth K. Schultz 123 Ash St., Rio Dell, CA 95562** The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Elizabeth K Schultz, Owner This statement was filed with the County Clerk of Humboldt County on September 21, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

10/1, 10/8, 10/15, 10/22 (15-206)

FICTITIOUS BUSINESS NAME STATEMENT 15-00539

The following person is doing Business as **WELL DONE GUTTERS** Humboldt, 123 Ash St., Rio Dell, CA 95562 **Zachariah B Shafer 123 Ash St., Rio Dell, CA 95562** The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Zachariah Shafer, Owner This statement was filed with the County Clerk of Humboldt County on September 21, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: S. Carns

9/24, 10/1, 10/8, 10/24 (15-206)

FICTITIOUS BUSINESS NAME STATEMENT 15-00519

The following person is doing Business as **NORTH WEST TREE SERVICE** Humboldt, 20 Bell View Ave, Rio Dell, CA 95562 **Micah D Bigelow 20 Bell View Ave, Rio Dell, CA 95562** The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Micah D. Bigelow, Owner This statement was filed with the County Clerk of Humboldt County on September 3, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

9/10, 9/17, 9/24, 10/1 (15-200)

FICTITIOUS BUSINESS NAME STATEMENT 15-00496

The following person is doing Business as **NORTH COAST LED** Humboldt, 3101 Concorde Dr Ste D McKinleyville, CA 95519 **John F Vogelpohl 3101 Concorde Dr Ste D, McKinleyville, CA 95519** The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine

not to exceed one thousand dollars (\$1,000). /s John F Vogelpohl, Owner This statement was filed with the County Clerk of Humboldt County on August 25, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: M. Morris

9/17, 9/24, 10/1, 10/8 (15-201)

FICTITIOUS BUSINESS NAME STATEMENT 15-00505

The following person is doing Business as **TOMAS JEWELRY** Humboldt, 1275 8th Street, Arcata, CA 95521 **Toucan, INC, 1275 8th Street, Arcata, CA 95521** The business is conducted by A Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Chris Albright This statement was filed with the County Clerk of Humboldt County on August 28, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: S. Carns


9/10, 9/17, 9/24, 10/1 (15-197)

FICTITIOUS BUSINESS NAME STATEMENT 15-00515

The following person is doing Business as **WOLFE PROPERTY MANAGEMENT/HUMBOLDT** Humboldt, 5460 Ericson Way, Arcata, CA 95521 **Mark V. Nelson 830 Bayside Rd., Arcata, CA 95521** The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Mark Nelson, Broker This statement was filed with the County Clerk of Humboldt County on September 1, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

10/1, 10/8, 10/15, 10/22 (15-210)

PLACE YOUR OWN AD AT: classified.northcoastjournal.com



United Indian Health Services, Inc.

Request for Proposal Announcement

UIHS invites the submission of a Proposal from qualified persons for the purpose of creating a complete inventory and determining fair market value of the UIHS Cultural Collection.

A Statement of Work is available by contacting the Executive Office at Potawot Health Village, 1600 Weeot Way, Arcata, CA (707) 825-5000

Prior to the submittal of the Proposal an informational meeting will be held at Potawot Health Village on **Monday, October 12, 2015 at 4:00pm.**

Written proposals for this project must be submitted by **Monday, October 19, 2015 by 4:00pm.**

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given.



A damsel in no distress: An American rubyspot female. Photo by Anthony Westkamper.

Damsels and Empty Shells

By Anthony Westkamper
humbug@northcoastjournal.com

Neglected Damsels

Whenever I give a talk on dragonflies, I point out that there are two subgroups to the order *Odonata*, which I am told differentiates between the sizes and shapes of the front and hind wings: the dragonflies (*anisoptera*, which means “same wing”) and the damselflies (*zygoptera*, meaning “different wing”). I guess because they’re bigger and often showier, the dragons get all the press, but their little cousins have their own graceful charm.

The dragons are larger and more robust. They always hold their wings out flat, never folding them over their backs. The damsels’ abdomens are about as thick as a pencil lead and, with the exception of the “spreadwing” family of *Lestidae*, fold their wings over their backs when at rest. Like the dragons they spend their larval stages hunting small critters in the water, emerging as nymphs to shed their last molt, spread their wings and become aerial hunters.

I thought they were comparatively poor fliers until watching half a dozen male American rubyspots vying for position in a roosting spot. Half an hour spent futilely trying to capture their beauty and grace with a camera convinced me otherwise. They were way too quick and agile. I have often been surprised when I upload images and see a damsel daintily munching on some unfortunate insect. Their survival since the Carboniferous era demonstrates that they are effective predators. Whatever they’ve been doing for the last 300 million or so years works.

In one presentation at a local grammar school, I pointed out that, much like birds, the males were the pretty ones among the Odonates while the females were usually drab. I could see a couple of the young ladies were crestfallen. But when I explained that the females were more important and needed the added protection of camouflage, they beamed.

New Spirals

I think the best and most frustrating thing about nature study is that one question almost always leads to several more. Studying our local glow worms (*Pterotus obscuripinnes*), I learned they feed almost exclusively on small slugs and snails.

In my excursions I have found three individuals glowing merrily inside a shell as they dined on escargot tartar. The shells in which I’d found them did not resemble the big snails that bedevil my garden. With a new awareness, I started finding many empty snail shells, mostly smaller and lighter than the big imported brown garden snail (*Cornu aspersum*) or the Pacific sideband (*Monadenia fidelis*) with which I was slightly familiar.

Then I found something I had never before seen: a snail whose shell was fuzzy. I had to know more. Further investigation led me to a very nice book, *Land Snails and Slugs of the Pacific Northwest*, by Thomas E. Burke. I learned that aside from the gardener’s bane, there are many species of snails including the robust lancetooth (*Haplotrema vancouverense*), which is listed as a predator! So what does a snail hunt? Other snails, of course — what else is it going to catch?

And that hairy snail shell? Over the next few weeks, I found several more under pieces of bark. As best I can tell without dissecting a specimen, they were probably species of *Vespericola* or possibly *Cryptomastix*.

But I had to put a stop to this. Things were spiraling out of control. I didn’t have time to learn an entire new set of animals just because they were foodstuff for the one in which I was interested.

Then again, gastropods have a certain slimy charm. They make great photographic subjects since they seldom escape, and you can use very slow shutter speeds. ●

CROSSWORD
by David Levinson Wilk

1	2	3		4	5	6		7	8	9	10	11	12	13
14				15				16						
17				18				19						
20				21		22		23						
24				25		26				27		28	29	30
31					32				33					
				34				35			36			
37	38	39		40		41				42		43		
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49				50				51				52	53	54
55						56				57				
				58		59			60		61			
62	63	64						65		66		67		
68								69				70		
71								72				73		

LEGROOM

ANSWERS NEXT WEEK!

©2015 DAVID LEVINSON WILK

ACROSS

1. Box (in)
4. Beach souvenir?
7. On the house
14. "I love," in Latin
15. "Dude!"
16. Europe's _____ Peninsula
17. Veep before LBJ
18. "Casablanca" pianist
19. The Jonas Brothers get "hit by this" in a 2008 song (Happy passenger)
20. What snobs put on
22. Put up a fight
24. Guinness, e.g.
26. "I'm such a fool!"
27. Word on mail from Spain
31. Oscar winner who said "You shouldn't dream your film, you should make it" (Less happy passenger)

passenger)

34. Paris : Mme. :: Madrid : _____

35. Home for a 36-Across

36. Resident of a 35-Across

37. "The Silence of the Lambs" org.

40. Like some elections

43. Jeanne d'Arc, for one: Abbr.

44. Boot

46. Rank above maj.

47. "Lady Marmalade" singer with Pink, Lil' Kim, and Christina Aguilera

49. "That's got to be a joke!" (Least happy passenger, no doubt)

55. Not handwritten

56. "Can't Help Lovin' _____ Man" ("Show Boat" song)

57. It's new in Rome

58. Economic warfare

tactic

61. "The Clan of the Cave Bear" novelist

62. It's represented -- in a variety of ways -- in 19-, 31- and 49-Across

65. Earth, e.g.

67. Longtime sponsor in NASCAR events

68. Huffington of the Huffington Post

69. Center of gravity?

70. Landing info, briefly

71. 1996 Mario Puzo novel, with "The"

72. Ill, to Jr.

73. Like Mars

DOWN

1. Torment

2. NFL career rushing leader Smith

3. U.S. president Liberia named its capital city after

4. TV channel with

the slogan "Very Funny"

5. _____-American

6. Wanderers

7. More foul-mouthed

8. Silver coin of ancient Greece

9. Let slip

10. Lyricist of "Cabaret" and "Chicago"

11. Poke fun at

12. Word on many fragrance bottles

13. Grade school subj.

21. Some 4WD rides

23. Best price

25. Semester, e.g.

28. Roger of "Cheers"

29. Part of QED

30. Brute

32. Antidiscrimination org.

33. As a friend, in French

37. Four-time Indy 500 winner

38. Elevate

39. "The jig _____!"

41. "It's your world ... I'm just livin' in it!"

42. Loretta who sang "Coal Miner's Daughter"

45. Arboreal African rodent

48. Fuego extinguisher

50. Astronomer Halley

51. Statehouse officials: Abbr.

52. Cat on the prowl

53. "Community" actress _____ Nicole Brown

54. Stationery store purchase

59. He sings close to the Edge

60. Bicolor snack

62. Kobe Bryant's team, on scoreboards

63. Follower of Bush or Clinton

64. They're not vets yet

66. Big _____

LAST WEEK'S ANSWERS TO IT WRITES

R	E	B		A	T	M	S		B	T	E	A	M
A	N	O		L	O	P	E	S		O	H	M	I
F	I	R	S	T	D	A	T	E		G	R	I	D
A	S	G	O	O	D	A	S	I	T	G	E	T	S
E	L	I	A						K	A	L	E	
L	E	A	V	E	I	T	T	O	B	E	A	V	E
				E	L	D	E	R			M	O	R
T	H	E		L	E	T	I	T	B	E		N	A
W	O	M	B				N	O	O	N	E		
I	T	T	A	K	E	S	A	V	I	L	L	A	G
				D	O	R	A				M	L	I
			I	T	W	R	I	T	E	S	I	T	S
S	C	O	O	B			A	S	T	R	O	T	U
T	E	R	R	E			N	A	D	E	R		T
L	E	N	D	L			U	S	D	O		S	Y

su | do | ku

© Puzzles by Pappocom VERY EASY #55

			3	6	1		5		
4	9	6							8
5						8	3	7	
6	7			5				2	
		4	1		7	8			
	5			9			6	3	
	2	5	3					4	
3							9	5	2
		8		2	6	1			

www.sudoku.com

Opportunities

AIRLINE CAREERS. Start here - If you're a hands on learner, you can become FAA Certified to fix jets. Job placement, financial aid if qualified. Call AIM 800-481-8389. (E-1001)

AMERICAN STAR PRIVATE SECURITY. Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262. (E-1231)

HOME CAREGIVERS PT/FT. Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045. (E-1231)



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Perks of Post Haste:

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- Locally-owned family environment
- Flexible hours
- Competitive pay
- Opportunities to learn new skills
- Part-time opportunity with full time potential

Apply in person.
600 F Street, Ste. 3, Arcata

No phone calls please.



CITY OF ARCATA PARKS/FACILITIES/ NATURAL RESOURCES SUPERVISOR

\$47,973.95 - \$58,312.64/yr.

Filing Deadline: 4pm October 9, 2015.

Coordinates, performs, supervises and evaluates the operational functions of the City's Parks, Facilities, Open Space and Forestland areas; other related duties as assigned. Full details and application materials: www.cityofarcata.org or Arcata City Manager's Office, 736 F Street, Arcata, or (707) 822-5953. EOE.



Humboldt County Office of Education

Anticipated Openings for School Bus Drivers



Entry level or experienced—all you need is the DRIVE to succeed! Part-Time, full-time, and substitute positions. Competitive wages & benefits, PERS retirement for all regular positions. FREE training available for CLASS B license and School Bus Driver Certification.

Qualifications: Must be 18 years of age or older. Drivers are subject to a medical evaluation, including drug testing.

Apply at HCOE or online at www.humboldt.k12.ca.us

Reply to: Personnel, HCOE, 901 Myrtle Ave., Eureka, CA 95501.



Southern Humboldt Community Healthcare District is now accepting applications for:

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

REGISTRATION CLERK

Per Diem with potential of becoming full time. Weekend Shifts required.

HOUSEKEEPER

Full Time Position. Work 10-hour shifts. No license or certification required.

LICENCED VOCATIONAL NURSE

Per diem, part-time and full-time positions. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility.

*Full Benefits package for all Full Time Employees.

Health Insurance for Part Time Employees

*Shared housing available between shifts

Visit www.shchd.org for more information and to apply
Or call (707) 923-3921 ext. 230



Planned Parenthood has the following position currently available at our Eureka Health Center.

FT & PT Reproductive Health Specialist II

These are non-exempt Part-Time 32 hours/wk & Full-Time 40 hours/wk positions that include weekends and Saturdays as needed. Salary \$13-\$15/hour + bilingual pay. Send resume and 3 references to careers@ppnorcal.org.



Planned Parenthood has the following position currently available at our Eureka Health Center.

Full-time Center Director III

The Center Director has direct oversight for the overall development, management, and supervision of center staff and services at the designated health center site. This is an exempt, FT position, working 40 hours/wk including evenings and Saturdays as needed.

Salary is DOE Send resume, cover letter and 3 references to careers@ppnorcal.org



HSU Dining Services invites applicants for the following position:

COOK I

Full-time with excellent benefits including health, dental, and vision insurance; vacation, sick leave, and retirement.

For job description and application procedure, visit: <http://tinyurl.com/aoh9y1p>

First Review: **October 5, 2015**



Humboldt County Department of Health & Human Services is accepting extra help applications for

HEALTH EDUCATION SPECIALIST I

Applicants would be responsible for planning, implementation and evaluation of health education activities related to chronic disease prevention. Applicants would deliver tobacco prevention curriculum in the schools, participate on community coalitions and research and develop health promotion media messages. Applicants should be able to collect and compile data, utilize spreadsheets and write reports. Qualified applicants will have an understanding of health disparities and health literacy and should be able to respond to people from a variety of socioeconomic groups and cultures. Applicants must possess a valid CA drivers license. Applicants selected must pass background screen.

Applicants must be willing to work variable hours as needed, Monday-Friday.

Salary for these placements: \$17.82/hr.

Extra help applications & job description may be picked up at: **Department of Health & Human Services, Employee Services** 507 F Street, Eureka, CA 95501; **(707) 441-5510** AA/EOE



Humboldt Bay
Municipal Water District

Operations and Maintenance Technician

Under general supervision, operates, maintains, and controls the District's water pumping, distribution and water treatment facilities; performs basic laboratory testing and sample collection; performs preventative maintenance checks and repairs of the District water pumping, distribution and treatment facilities, machinery, equipment, structures, and grounds; and performs other related duties as required.

Treatment plant experience highly desirable. Minimum Grade II Operator Certification and Grade II Distribution required. T-3 and D-3 preferred but not required. Salary range \$4,192-\$5,095 plus excellent benefits including deferred compensation.

Deadline for applications October 9, 2015.

Call (707) 443-5018 for an application or visit www.hbmwd.com

County of Humboldt DEPARTMENTAL INFORMATION SYSTEMS ANALYST

\$3,845 - \$4,935 Monthly

Here's an exciting opportunity for an experienced system analyst within the Information Services Department of Humboldt County's Department of Health and Human Services. We are looking for a system analyst with analytical, relational database, networking and business skills experience. Our desired candidate will have specific experience in gathering business requirements, solving hardware and software issues, report writing, technical documentation and integrating enterprise systems like working knowledge of methods used to maintain and administer networked computer equipment, computing server environments, and software commonly used in the industry today.

Filing Deadline October 9, 2015. Apply online at http://humboldt.gov/hr_aa/eoe.

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California MENTOR is seeking caring people with a spare bedroom to support adults with special needs. Receive a competitive tax-exempt monthly stipend and ongoing support while working from the comfort of your home.

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317 3rd Street, Suite 4
Eureka, CA 95501

Call Sharon at 707-442-4500 ext. 16 or visit MentorsWanted.com



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www.sequoiapersonnel.com



**CITY OF FORTUNA
CONFERENCE
CENTER WORKER**

\$9.00-\$10.94 PER HR
Part-time, or on-call for the Fortuna
River Lodge Conference Center.

Work may include nights and weekends and involves a wide variety of duties including moderate to heavy physical labor, assisting kitchen user groups and general cleaning.

Full job description and required application available at 621 11th Street, Fortuna, or friendlyfortuna.com.

Open until filled.



The Hoopa Valley Tribe is accepting applications to fill the following vacant position

**Assistant Editor/
Lead Writer:**

Two Rivers Tribune; Salary: DOE; Temp. F/T; work hours 40 hr./per week (DOE). Responsible for composing 4-6 newspaper articles per week. Coordinates stories, maintain communication with staff. Qualifications: Bachelor's degree in journalism or related field. Knowledge of Microsoft Office, Adobe Photoshop and Adobe Indesign is essential. Operate a digital SLR camera; Stringent deadlines, Excellent time management skills; CDL and insurable; Professional dress attire. Cover letter; 3 writing samples and resume must be submitted with application. **OPEN UNTIL FILLED.**

Job description and application can be obtain from Human Resources Department, P.O. Box 218, Hoopa, CA 95546 or call (530) 625-9200 ext. 15. Hoopa Drug & Alcohol Policy and TERO Ordinance apply.



ON-CALL LPT, LVN POSITIONS AVAILABLE
Are you an LPT/LVN looking for additional hours?
Apply at
Crestwood Behavioral Health Center,
2370 Buhne St, Eureka
www.crestwoodbehavioralhealth.com/eureka.html



HUMBOLDT STATE UNIVERSITY
— A California State University

Clinical Lab Scientist (Job #15-63)

F/T position in the Student Health Center. Review: 9/29/15. For more info visit:

<http://apptrkr.com/673995> or call **707-826-3626**.
HSU is an ADA/Title IX/EOE



*The City of Rio Dell
is now accepting applications for*

POLICE OFFICER

(\$41,823 to \$56,957 + Benefits)
Entry level or lateral – general
uniformed police work.

UTILITY WORKER I

**(\$10.00 per hour, Part-Time
Temporary through January 2016)**
Entry level assignments of outdoor labor
maintaining city property and streets.

Applications may be obtained at
675 Wildwood Avenue, www.riodellcity.com
or call (707)764-3532.

Applications for both positions are due by
5 pm on October 9, 2015.



**BILINGUAL CHILD CARE
CASE MANAGER**

Full-time position interview applicants to determine eligibility for subsidized child care programs and maintains a caseload of clients.

Coursework in social services or related field and experience explaining rules and regulations to the public desired. Fluency in Spanish and English required along with ability to pass a DOJ/FBI criminal history fingerprint clearance. \$14.11/hour plus benefits: paid vacation/sick leave, holidays, insurance, and 401(k) retirement plan.

Application and job description available at www.changingtidesfs.org or by calling (707) 444-8293. Please submit letter of interest, resume, and application by email to nprato@changingtidesfs.org or .U.S mail to Nanda Prato, 2259 Myrtle Avenue, Eureka, CA 95501 by **Monday, October 5 at 5:00 p.m.** EOE



**Redwood Coast
Regional Center**

Be a part of a great team!

**SERVICE COORDINATOR
(CASE MANAGER)**

2-FT in Eureka, CA. Advocating & coordinating services for children and older children/young adults. Requires M/A or BA+ relevant experience. Good communication, organization & computer skills. Salary range \$2783 - \$3916/mo + excellent benefits.

To apply go to www.redwoodcoastrc.org.
Closes 10/15/15 at 5PM. EOE/M-F

County of Humboldt
NURSE CASE MANAGER

\$4,144 - \$5,318/mo.

Provides psychiatric after-care and case management services for mentally ill and emotionally disturbed clients in their homes and other outpatient settings; assists in developing treatment plans; provides medication education and administers medications; conducts assessments of mental status, medication compliance and response to medications; may provide transportation to medical or psychiatric appointments. Must possess a RN, LPT or LVN and a valid CDL.

Filing deadline: October 9, 2015. Apply online at www.humboldt.gov/hr. or contact Humboldt County Human Resources at (707) 476-2349

AA/EOE

YUROK TRIBE JOB OPENINGS

ALL POSITIONS WITHOUT FFD ARE OPEN UNTIL FILLED.

#0441 HEAD START TEACHER SUBS

INT/ON-CALL KLAMATH/KEPEL/EUREKA \$17.69-\$22.98

#0608 YUROK LANGUAGE TEACHER AIDE

RG/PT KLAMATH \$13.76-\$17.90

#0587 HEAD START TEACHER

RG/FT KEPEL \$36,896-\$47,964

#0599 CERTIFIED SUBSTANCE ABUSE COUNSELOR

RG/FT KLAMATH/EUREKA \$21.20-\$27.56

#0685 JET BOAT CAPTAIN (RIVER FERRY TRANSIT)

TEMP KLAMATH/WEITCHPEC \$21.20

#0690 CHILD AND FAMILY SERVICES MANAGER

RG/FT KLAMATH \$48,871-\$69,969

#0702 ADMINISTRATIVE RECEPTIONIST

TEMP/ON-CALL KLAMATH \$12.31/\$13.81

#0703 ACCOUNTANT

RG/FT KLAMATH \$44,249-\$69,969

#0704 FORESTRY TECH II

RF/FT KLAMATH \$12.31

#0705 FORESTRY TECH III

RG/FT KLAMATH \$15.45-\$20.09

#0706 JOM TUTOR

RG/PT EUREKA/WEITCHPEC \$12.31

#0707 TRANSIT VAN/BUS OPERATOR

RG/PT KLAMATH \$15.45

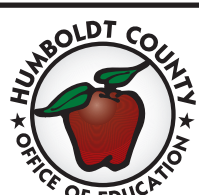
#0712 SENIOR BIOLOGIST

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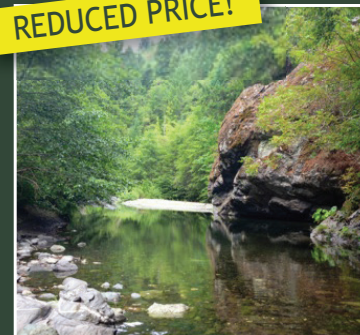
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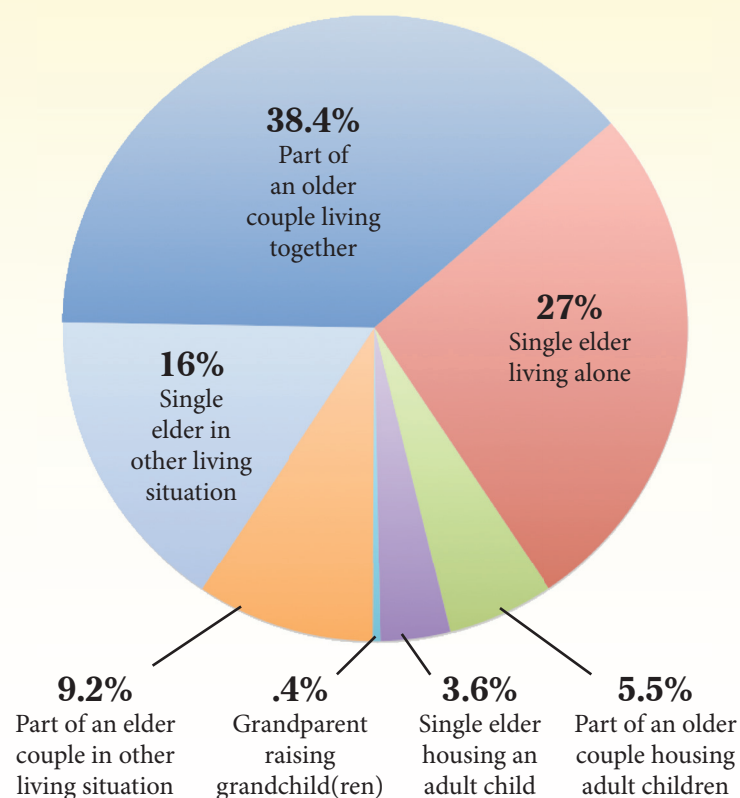
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A quarterly publication of Area 1 Agency on Aging

FALL 2015

How Elders Live

California's 4 million people aged 65 and older live in a variety of circumstances.



Source: UCLA Center for Health Policy Research;
Phone Interview with D. Imelda Padilla-Frausto on 8-31-15

Photos: A First Step in Downsizing and Preserving a Family Legacy

The family photo boxes may be cherished, but they're a space-eating hassle when it's time to move to assisted living or close a family estate.

"One of the things that people our age did was to develop two prints of everything, throw them into a box or photo album, and then never look at them again," said Maggie Kraft, executive director of Area 1 Agency on Aging. "It becomes a lot of clutter, valuable clutter, but clutter that can be hard to move or a lost history for children who don't know who is in those pictures and why the picture's important."

Kraft hopes to change that and more with the introduction of Gold Star Move Management, a new service offered by Area 1 Agency on Aging. Fees are charged at an hourly rate or by the project.

"We're already offering a photo scanning service and there's more to come," Kraft said.

Eight months ago, A1AA became a member of the National Association of Senior Move Managers, an organization of more than 800 companies in the U.S. and Canada that is described by Senio-

rAdvisor.com as "the gold standard for senior transition services."

Kraft attended NASMM's annual conference in spring and completed the required training.

"From all the calls and questions we field in our office, we know local seniors and their families need help getting ready to move, sometimes with little lead time," she said. "Over our lifetimes we acquire a lot of possessions, and many of our seniors are overwhelmed by it all. They may have no children to turn to, or their children may be working and located out of the area. Either way, they need help."

A1AA is working its way through 40 invoiced projects required to become certified by NASMM. Kraft's goal is for Gold Star Move Management to be certified and fully operational by early next year.

"Most people 50 and older are thinking about how much stuff they have and what to do with it," she said. "Once you hit 70 or 75, your belief in your ability to do anything about it is diminished for a variety of reasons. You think you can't possibly

■ *continued on next page >>*

Senior Move Management Services

Senior move managers can help develop a plan for an overall move or aging in place.

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<< continued from previous page

move because you have all this stuff. Are you using it? Can someone else use it? Rather than put stuff in storage, or continue to live in a home that may not be right for you anymore, it's better to deal with it, but it's hard to do that without help."

Kraft and her mother, Eleanor, decided to tackle the family photo collection as a first step. Many images are being scanned and placed in the cloud where family and future generations can access them.

"We had fun going through them. She told me who people were, I'd jot it down on the back and then we'd have a good time trying to figure out who the people were that she didn't know. It's a family legacy, something that would have been lost if she didn't take the time to do it with me."

Eleanor has cut the photo collection by three-quarters, in part by employing a strategy of sorting into three piles: awesome, so-so and terrible.

"Most people do two piles: throw away and keep," the younger Kraft said. "But once you see how many great photos you have in the 'awesome' pile, you aren't so inclined to keep the so-so ones. How many pictures do we really need of the cat from 20 years ago?"

A1AA places client photos on a flash drive as part of the service and will also scan photographs of valuable collections to help seniors preserve memories of items that cannot move with them. NASMM reported

one example of a woman with a lifetime collection of 78 teapots.

"She took her three favorites with her and we made a framed poster of the others," said the association's representative in a 2011 article in the AARP Bulletin.

Gold Star offers a free initial consultation to clients seeking move management services.

"Our goal is to help seniors move forward with what they need in the way they want it done, whether that's making their own home safer or rightsizing their belongings for a pending move," Kraft said.

"It's not about going in with the family and quickly removing lifelong possessions, but instead supporting the senior in making decisions about their own possessions. Later, children or friends don't have to do it at the same time they are dealing with the loss or illness of a loved one."

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Gray Matters is a quarterly publication of the Area 1 Agency on Aging.

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Take Charge: Changing Plans Could Save Big Dollars During Medicare's Annual Enrollment Period

Doing nothing may be the path of least resistance, but it can also be a costly mistake during the Medicare annual enrollment period that starts Oct. 15.

"Dorothy," a pseudonym to protect her privacy, discovered just how costly a few years back. Upset with how much money she spent on prescription drugs, she sought help from HICAP, the Health Insurance Counseling and Advocacy Program at Area 1 Agency on Aging.

"We saved her a little over \$1,500 a month," HICAP volunteer counselor Dwight Clark said. "She hadn't changed her drug plan in three or four years. She'd gotten used to the plan and just figured costs were going up. She didn't think there was anything she could do about it."

She's not alone. The Kaiser Family Foundation reports that even though beneficiaries could often save money by switching plans, almost seven out of 10 beneficiaries who were in a plan during all four open enrollment periods between 2006 and 2010 did not voluntarily switch plans in any of the enrollment periods.

"Your drug plan started sending information in September to tell you about changes and price increases, but sometimes it gets buried in a whole bunch of things and people don't look at it," HICAP Program Manager

Nancy Cloward said. "If you threw it away, call the drug company and ask them to send you a new packet."

"None of the drug plans stay exactly the same from year to year. To make sure you have the place that saves you the most money, you must review it every year."

The Medicare Modernization Act of 2003 established a voluntary outpatient prescription drug benefit for people on Medicare. Known as Part D, it went into effect in 2006.

Unless beneficiaries have drug coverage from another source that is at least as good as standard Part D coverage, they face a penalty equal to 1 percent of the national average premium — \$33.13 in 2015 — for each month they delay enrollment. That penalty is added to the monthly premium they pay when they ultimately enroll and that penalty continues for as long as they have a prescription drug plan.

In 2015, the Kaiser Family Foundation reports 1,001 plans were available nationwide, 32 of them in California. It is the smallest total in the program's history. Plan details for 2016 were released Oct. 1.

"People find that the drugs they are taking are no longer covered or are covered with much higher co-pays," Cloward said. "This can be a huge financial problem if people

don't discover this until they go to the pharmacy in the New Year."

Not everyone sees a savings similar to Dorothy's \$18,000 a year, but two-thirds of the 1,808 clients using HICAP during the Oct. 15 through Dec. 7 enrollment period saw an average annual savings of \$870 on drug costs and monthly premiums.

"The odds are with you: you will save money if you see us, or call Medicare, or do it yourself online during the enrollment period," Cloward said.

HICAP sees more than 40 percent of its clients in the final quarter of the year. Seasoned Medicare clients start calling in July for appointments to review the new Part D programs; others are well-versed in calling 442-3000 to request a worksheet be mailed to them.

"People like the face-to-face contact, but our appointments are booked up through the rest of the year," Cloward said. "We are still accepting worksheets and we have three drop-in clinics for Oct. 24, Nov. 14 and Dec. 5. The clinics will run from 9 a.m. to 1 p.m."

"And remember: you don't have to see us. You can call Medicare (1-800-MEDICAR) directly and they will walk you through it." The Medicare line is open 24 hours a day seven days a week.

About 150 people used the drop-in clinics last year. Some even brought cookies and donuts.

"It was more successful than expected," Cloward said. "We had a lot of family caregivers and people who worked during the week take advantage of it."

The first-come, first-served format allowed HICAP counselors to see more people than the hourly appointment style.

"We didn't turn anyone away, but some had to wait awhile," Cloward said. "The people who came a little later in the day, around 10, didn't have to wait so long."

Anyone attending an appointment or drop-in clinic is expected to bring a complete list of prescribed drugs and dosages with them to the appointment.

"If you don't bring the prescription list, we can't help you," she said. "That drug list is really important, but about 10 to 15 percent of the time, people forget it."

Dually eligible Medicare and Medicaid clients have until Dec. 31 to make changes that will become effective January 1.

Medicare-only clients must complete their changes by Dec. 7. Those who miss the deadline can be stuck in their existing plan for another year.

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Volunteer Spotlight on HICAP's Clark

Dwight Clark is a Nebraska farm boy at heart.

He's also the longest serving volunteer at HICAP, a member of RSVP, and an example of filling retirement with purpose and stimulation.

"He is absolutely amazing," said Nancy Cloward, program manager for the Health Insurance Counseling and Advocacy Program. "He's an attorney who came to us seven years ago, and he is only one example of what a high quality staff we have."

Clark, 71, spent a decade as the CEO of the Humboldt County Superior Court before retiring in 2007. Raised in the Midwest, he arrived in California in 1967 bound for law school after completing undergrad degrees in business administration and literature. Service during the Vietnam War interrupted law school after two years, but had the unexpected benefit of showing him the future: computers.

"I could see immediately their impact in the field of law, so I finished law school, passed the bar and went to USC to make myself more marketable with a Master's in public administration," he said.

Fast forward about 25 years. Clark and his wife were empty nesters searching for an opportunity to work in a locale that "isn't quite like the Bay Area in terms of people and traffic congestion. You can never take the farm out of the boy." He landed in Humboldt.

Less than two years into retirement, and enjoying hobbies that included boat and airplane modeling, playing the piano and handyman projects around the house, Clark began planning for Medicare eligibility. He sat in on a couple of HICAP seminars. The detail and challenge of understanding health insurance attracted him immediately.

"I knew I could fill up retirement; I just didn't know what it was going to be," he said. "I've found HICAP a very complicated thing to do, challenging with a flexible schedule. A lot of places I checked into for volunteering said I had to make an absolute commitment for one year, for this day and this time. Here, I can let them know a few months in advance and they block me out of the calendar."

He avoids taking long trips in the hectic fall enrollment period of Oct. 15 through Dec. 7 because he knows the community demand and what it's like to be short-handed.

His HICAP stint began in the same year one of the paid staff retired, another got sick and "we had to go with four people in the fall. It was a nightmare. I went four days a week, but it was like working full-time. It was a great immersion. No turning around or going back or looking sideways. You just plowed through it and served the community well."

He's been doing it ever since and is even responsible for recruiting seven vol-



unteers, his wife Sheri included. Three are still active with HICAP.

For half the year, Clark schedules four counseling sessions a half-day each week and does the occasional afternoon or evening presentation, training or sick relief. The schedule changes in the fall.

"Then, I put in 25 or 30 hours a week in counseling sessions or on worksheets," he said. "I'll do it as long as I am able to get up in the morning, think straight and talk right. It's stimulating and keeps me alert; always a different set of complex problems and issues and a lot of information to know."

He enjoys "helping people get adequate health insurance coverage at a price they can afford" and loves the look on a client's face when they "understand something or how to get control of a situation."

Clark has first-hand experience at exerting control when it did not seem possible with the piano.

"I couldn't play it so much because of some physical issues with muscle and bone in my hands," he said. "I couldn't stand to listen to myself play, so I gave the piano away and bought a keyboard. It sits in the room, is never plugged in or turned on, but I play it all the time. I can hear in my head what I see in the music. I just pretend what I'm doing sounds as it should."

He encourages others to find their niche through the many volunteer opportunities available through RSVP and elsewhere.

"When I worked at the court, we used RSVP whenever we had something we needed to have done," he said. "There are always people needed to do every little thing." ■

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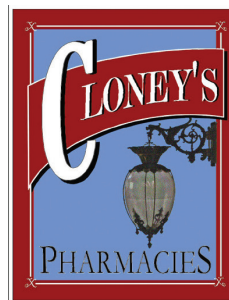
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Volunteer Workday Oct. 11 Brings Environmental Focus to Hospice House

The nation's only RSVP program with an environmental stewardship focus is stepping up its game yet again.

On Oct. 11, RSVP, Hospice of Humboldt and the Humboldt Trail Council are inviting community members to a 10 a.m. to 2 p.m. volunteer workday to restore the forest floor and transplant ferns on the 13.5 acre site of the Ida Emmerson Hospice House in Eureka.

The 12-bed inpatient facility sits at the edge of the McKay Tract in Eureka.

It expects to open to its first six patients in March.

The workday is Hospice's first step in developing grounds and a trail that it hopes will bring comfort and peace to patients and their families.

Hospice plans to connect the path with the McKay Community Forest trails once their access points are developed.

"I have volunteers who have signed up to help build trails in the McKay Tract and are raring to go, and this is a very similar project," said Maureen McGarry, program director for RSVP. "I'm excited because it's another way we can model how to bring more environmental opportunities into their communities by collaborating with different organizations."

Last Month, McGarry shared a 10-minute video and Power Point presentation, then answered questions from RSVP directors from around the country at a national conference in

Washington, D.C.

RSVP is the nation's largest cadre of retired and senior volunteers age 55 and older. Three years ago, the Serve America Act mandated six focus areas in a reorganization of the program: disaster services, economic opportunity, education, environmental stewardship, healthy futures, and veterans and military families.

"Apparently, we're the only one in the country who has created enough momentum to have at least a quarter of its volunteers in this focus area," McGarry said. "We were invited to present in Washington to share the Redwood Coast with the rest of the country and show how volunteers can get involved."

Dennice Stone, Hospice of Humboldt's volunteer coordinator, hopes the workday connects her with volunteers interested in helping with the day-to-day gardening and upkeep of the grounds located at 3327 Timber Fall Court.

"It's a big property with continuous care needs," she said. "We need watering and upkeep not only all the way around the property, but between the parking areas where we hope to have native plants, around the Serenity Circle gazebos, and along the Labyrinth Trail."

The first workday involves the spread of duff and forest debris over some of the areas left bare from construction, fern transplant to prevent erosion during the rainy season, and thistle removal.

Stone hopes the community will buy into the

"Doing nothing for others is the undoing of ourselves."

— Horace Mann

project as a new way to volunteer for hospice. Hospice has funded a site management position but not a staff slot for a landscaper or gardener. Stone said she needs to attract another 50 to 70 volunteers to help with attrition and service expansion.

"Some people just haven't found the right fit yet and this will help them learn about hospice," she said.

Volunteers should gather in the Hospice House parking lot at 10 a.m. Sunday, Oct. 11. Lunch will be provided.

The inpatient facility provides round-the-clock medical care to patients in Humboldt and Del Norte counties near the end of life. It is expected to improve the quality of local care by extending hospice's reach beyond its 50-mile radius for home service and helping family caregivers overwhelmed by a loved one's medical needs in the final days of some lives.

Hospice designed the project to feel similar to a comfortable, family-centered home with communal dining and outdoor play areas. The \$9.5 million facility will be staffed by ex-

perts in palliative medicine and open 24/7.

"When I stand in the middle of the property, it feels like an oasis," Stone said. "It's a peaceful redwood retreat. No sound of traffic. It's a calming place with wildlife and beautiful birds; a location where you can do the internal work quietly as a patient, or be peacefully present with your loved one."

In addition to gardening, volunteer opportunities at the facility include front desk greeters, patient companions and meal delivery folks. Volunteers are also needed for hospice shops, grief counseling, and pet care.

Training demands vary by position.

For more information about the trail workday or volunteering, contact Hospice's Dennice Stone at 497-6260 or Volunteer Center of the Redwoods/RSVP at 442-3763.

Directions to the workday: Take Harris Street in Eureka. At the signal by Safeway, turn right on to Walford, left on Timber Fall Lane, then right on Timber Fall Court.





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'Hidden Poor' Could Use Help this Giving Season

The last few months of the year make up what is commonly called the Giving Season for the nonprofit community.

According to the Winter 2011 issue of the Nonprofit Fundraising Survey, 16 percent of the nonprofit organizations surveyed received more than half of their year's total contributions from October through December.

"It's a critical time of year for all of us," said Area 1 Agency on Aging Executive Director Maggie Kraft. "Every nonprofit I know of is dealing with an increase in the demand for services at a time when public funding is decreasing and costs are going up."

The National Philanthropic Trust reported charitable giving hit an all-time high of \$358.38 billion in 2014, continuing a trend that has seen giving increases in 38 of the last 40 years, the exception being the Great Recession years of 2008 and 2009.

"Humboldt County has always been a generous community," Kraft said. "I hope that will continue this coming holiday season."

Nearly one in three Humboldt County seniors could use the help. According to a study released Aug. 31 by the UCLA Center for Health Policy Research, almost a third of local seniors age 65 and older are among the "hidden poor."

That's the term given to those who live in the gap between the federal poverty level and the Elder Index

poverty measure. The latter is calculated at a county level and considered a more accurate cost estimate of what it takes to have a decent standard of living. It takes into account the geographic difference in costs for housing, medical care, food and transportation.

"The 'official poor' qualify for public assistance because they're below the federal poverty level, but the hidden poor do not," Kraft said. "That means one of every three of our elder neighbors are choosing between eating, taking medications, and paying the rent. Your gift can change that."

A1AA has monthly donor and other giving information posted on its website at a1aa.org. For more information, call 442-3763.

Kraft said areas for giving to A1AA are:

Volunteer Driver Program

Thirty-eight volunteers gave free rides to health care appointments to 148 community members in the fiscal year ended June 30. Coordinated by A1AA, the Volunteer Driver Program welcomed 98 new enrollees in the past year, bringing to 343 the number of enrollees in the Fortuna to Trinidad region since start-up in 2010. In the last year, volunteer drivers completed 1,839 one-way trips and logged 28,931 miles. The program relies largely on donations and local grants to help people stay healthy and at home as long as possible.

Respite Care for Family Caregivers

"Family caregivers are going 24/7," Kraft said. "If they can afford to pay for outside help, they do it. But many cannot, so they either don't take a break, or they leave the person they are caring for alone while they shop or go to health appointments, or they don't go the appointments. Sometimes, the senior ends up in a nursing home because the family simply can't do it anymore."

Three years ago, Kraft said A1AA gave about \$15,000 for respite care to those who completed the income assessment. Last year, it was about \$2,000 in grants of \$250 to \$500.

Redwood Coast Village

The local effort to help people access the services they need to remain in their homes as long as possible is expected to open for membership in January with services starting in March. The program must be self-sustaining, so any efforts to provide discounted assistance to people with limited means hinges on community support.

Gold Star Move Management

A1AA's new program helps seniors prepare for moving (see story on page 1). The fee-based program would like to operate on a sliding scale based on income, but some seniors will still be unable to access those services without community support. ■

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